



ADORE

new arrivals, just landed

BOOST

love your workspace



LAMINATED

BRANDED OFFICE SUPPLIES. PRODUCTS YOU'LL LOVE.

THE EXCLUSIVE COLLECTION OF OFFICE SUPPLIES



PRODUCTS FOR THE CONSCIOUS CONSUMER



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www.bs-direct.co.uk



Our latest issue of Office VIBES® is all about loving your workspace. We want all of our readers to thrive, regardless of where their workspace is; being happy, healthy and productive is our mission. We've worked closely with our brilliant branded manufacturers to bring you an exciting collection of 2022 new arrivals, products designed to give you a boost and inspire creativity and a range of innovations for the conscious consumer.

No edition of Office VIBES® would be complete without our must-read editorials and you can look forward to finding out whether there is any merit in a four-day working week, how to make your workspace sensory friendly, the benefits of recruiting an ethical jobseeker and how to deal with your email inbox after a much deserved holiday.

As we say goodbye to the gloomy winter months and embrace spring with optimism, we hope that our exclusive range of luxurious office supplies will make all stationery addicts blissfully happy and organised.

EXCLUSIVE

Premium brands don't come at premium prices with Office VIBES®. We firmly believe that every working environment should be able to enjoy superior and outstanding office products and we love knowing that our close relationships with the manufacturers of the products featured in Office VIBES® mean we can bring you brilliant products at brilliant prices.

All workspaces deserve a bit of Office VIBES® luxury!





Office VIBES® TV.
Find out more about your favourite products on our YouTube channel.

IDFAS.



Office VIBES® Instagram. Check out our latest products and offers, search office_vibes.

HELPFUL.





Office VIBES® Icons.

To help you find our new and caring products in this issue.









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ALLERGY & FLU FILTER

Boost protection from airborne viruses, flu and allergens. The Allergy & Flu Antiviral HEPA filter captures 99% of airborne allergens and viruses, including the H1N1 virus.

Inhalation of fine particulate matter such as pollen have been linked with asthma, bronchitis and other health problems. Both bacteria and viruses are types of germs that are commonly found in indoor air. One sneeze or cough can cause these particles to become airborne, increasing the likelihood of infecting anyone that comes in to contact with them.

HEPA FILTERS

Replace every 12 months



3 LAYERS OF FILTRATION

Code	Model	Pack	RRP	Price
55353AC	Z-1000	Each	£63.38	£43.77
55360AC	Z-2000	Each	£89.17	£57.54
55367AC	Z-3000	Each	£132.02	£80.51



ODOUR FILTER

The Odour filter is specially designed with a larger amount of activated carbon and a HEPA drum filter. Carbon pellets help remove common cooking and cleaning odours, and reduce certain VOCs.

One of the most enjoyable parts of cooking is the satisfying smells that overpower the kitchen. However, these satisfying smells can turn unpleasant after they linger for some time. Mould, cigarette smoke, pets, and congested rooms may be a nuisance or even harmful.

HEPA FILTERS

Replace every 12 months



Code	Model	Pack	RRP	Price
55395AC	Z-1000	Each	£63.38	£43.77
55402AC	Z-2000	Each	£89.17	£57.54
55409AC	Z-3000	Each	£132.02	£80.51



PET FILTER

The Pet filter with HEPA helps capture up to 99.97% of pet dander and hair and helps eliminate common pet odours so you can breathe cleaner air in your home.

Sneezing, shortness of breath and watery eyes may all be signs that Fluffy, Fido or even Tweety are giving you more than companionship and unconditional love. It is estimated that 10% of people are allergic to household pets.

HEPA FILTERS

Replace every 12 months



special cotton prefilter handl high volume of pet dander

Code		Model	Pack	RRP	Price
55374	1AC	Z-1000	Each	£63.38	£43.77
5538	1AC	Z-2000	Each	£89.17	£57.54
55388	BAC	Z-3000	Each	£132.02	£80.51



Z-3000







Air Purifiers

AIR PURIFIER MODEL	Z-3000	Z-2000	Z-1000
SensorPod*	~	V	×
Air Quality Indicator	~	V	×
PureDirect™ Technology	~	~	~
Levels of Purification	4	4	3
Room Coverage	70 m²	35 m²	23 m²
Auto Mode	~	~	×
Dimensions (W x H)	26 x 73cm	22 x 57cm	20 x 45cm
Code	81670AC	81663AC	81656AC
RRP	£413.66	£298.64	£172.43
PRICE	£251.99	£181.85	£101.20



ERGO COSY KEEP MOVING

Create a comfortable and active workspace to keep you alert with Leitz Ergo Cosy. Improve your health and wellbeing by effortlessly creating an inviting and flexible workspace that keeps you moving all day.











Warm Yellow

Calm Blue

Velvet Grey

















NOBO HOME WHITEBOARDS





EXACOMPTA





LEITZ RECYCLE FILING

Page 20



EXACOMPTA SIGN HOLDERS



SILVINE ENVIRONMENTALLY FRIENDLY NOTEBOOKS





FELLOWES LX SERIES STAPLERS



COSMIC AND CARNIVAL SUPER STICKY POST-IT®



REXEL MOMENTUM JAM-FREE PAPER **SHREDDERS**



Kensington SmartFit®





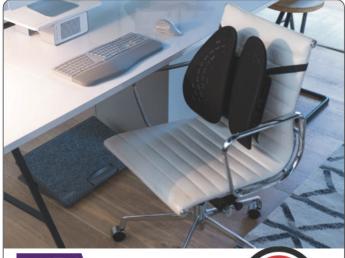
The Kensington ergonomics range is designed to provide a wellbeing solution for all areas of the body. The SmartFit® colour-coded system allows users to adjust to the perfect fit in seconds. All that you need is the SmartFit® hand chart to quickly and accurately set up and adjust a product to your personal comfort setting. We stock a wide range of Kensington products so please contact us to find out more.



elbow.

- · The innovative SmartFit® Conform Wrist Rest naturally supports your wrist and hand by placing your arm at the proper ergonomic angle after you measure and find your personal comfort colour
- · Simply glides along your desk with your mouse
- · Ambidextrous design that can be used with all mice and trackballs
- · Reduces repetitive strain and carpal tunnel injuries

Code	Pack	RRP	PRICE
29404AC	Each	£34.40	£24.58



FIRA

FIRA Tested

SMARTFIT® CONFORM BACK REST

The SmartFit® Conform Back Rest takes sitting comfort to a new level, with patented back support technology that works in nearly any type of chair. The SmartFit® System allows you to customise the height of the back rest to your personal comfort colour for maximum support for your spine and lumbar.

- Ventilated back panels conform to your body type through four independent springs that articulate when you shift your posture and because the panels are ventilated, it dissipates heat to keep your back cool and dry throughout the workday
- · Easily remove fabric cover to machine wash when needed
- · Black

Code	Pack	RRP	PRICE
29411AC	Each	£96.31	£57.77



SMARTFIT® ERGO MONITOR ARMS

The Adjustable Monitor Arms make it easy to achieve a neutral, comfortable posture. The heavy duty build guarantees stability in every position while the gas spring and angle effortless, from side-by-side to vertically stacked.

- Mountable by C-clamp and grommet fastener that are made of durable steel and aluminium, requiring less desk space to attach. Easy to install and won't damage or mark your desk or table (tool kit include
- cleaner desktop Tested to meet ANSI/BIFMA performance and safety standards
- Single Extended Monitor Arm
- landscape or portrait orientation) and ±45° monitor tilt adjustment for ergonomic comfort
- Extendable arm lets you easily adjust the monitor's distance (up to 399mm/15.7°)
- Compatible with displays up to 34" and 8kg/17.6lbs **Dual Extended Monitor Arm**
- Wide adjustment range delivers 170–505mm height adjustment, ±90° swivel and monitor rotation and ±90° tilt adjustment
- Stable in any position, supporting up to 34" flat or curved monitors weighing up to 9kg/19.8lbs

Code	Type	Pack	RRP	PRICE
12047AC	Single	Each	£66.04	£50.08
12040AC	Dual	Each	£91.99	£57.96





These modern planners from Sasco are made from acrylic to offer you a lightweight solution to planning your weekly or monthly appointments and tasks. Available in either desktop or wall mounted options, they come supplied with a marker pen so you are always organised.









MINI WHITEBOARD WEEKLY PLANNERS

Sasco semi transparent acrylic Mini Whiteboard Weekly Planner with modern frameless design, the ideal dry erase memo board to plan your week Monday to Sunday and for making notes.

- This home office whiteboard desktop weekly planner is perfect to help keep your work and family better organised, allowing you to plan your week Monday to Sunday, make notes, capture deadlines, reminders or key dates
- The semi transparent acrylic mini whiteboard notepad fits neatly onto any desk, work surface or wall (using stylish corner mounts)
- The semi transparent acrylic dry erase surface can easily be wiped clean so simply write, wipe away and start afresh at the start of every week
 Supplied with a whiteboard pen

Code	Size	Pack	RRP	PRICE
Desktop				
16902AC	300 x 300mm	Each	£29.33	£15.40
16909AC	450 x 450mm	Each	£49.93	£23.07
16916AC	600 x 450mm	Each	£79.11	£41.54
Wall Mount	ed			
16923AC	300 x 300mm	Each	£29.33	£15.40
16930AC	450 x 450mm	Each	£43.93	£23.07
16937AC	600 x 450mm	Each	£79.11	£41.54











MINI WHITEBOARD MONTHLY PLANNERS

Sasco semi transparent acrylic Mini Whiteboard Monthly Planner is perfect for planning each day of the month - from the 1st to the 31st - with extra space for notes.

- This home office whiteboard desktop monthly planner with a modern frameless design will help keep your work and family be more organised, allowing you to plan your month, day by day, make notes, capture deadlines, reminders or key dates
- The semi transparent acrylic mini whiteboard notepad fits neatly onto any desk, work surface or wall (using stylish corner mounts)
- The semi transparent acrylic dry erase surface can easily be wiped clean so simply write, wipe away and start afresh at the start of every month
- · Supplied with a whiteboard pen

Code	Size	Pack	RRP	PRICE
Desktop				
16944AC	450 x 450mm	Each	£43.93	£23.07
16951AC	600 x 450mm	Each	£79.11	£41.54
Wall Moun	ted			
16958AC	450 x 450mm	Each	£43.93	£23.07
16965AC	600 x 450mm	Each	£79.11	£41.54





nobo Home Whiteboards



SMALL GLASS WHITEBOARD PANELS

Small dry erase slim glass whiteboard panel with a frameless design that can be used in both portrait or landscape formats making it an ideal memo board in tighter spaces.

- The stylish through corner fixing system provides safe and secure wall mounting for any environment
- The perfect dry erase memo board for note taking and lists; simply write or stick your notes, wipe clean and start afresh Glass whiteboard surface provides ultra-erasability and the
- Glass whiteboard surface provides ultra-erasability and the highest resistance to ink stains and pen marks
- · Supplied with a whiteboard pen
- 25 year surface guarantee



Code	Colour	Size	Pack	RRP	PRICE
55794AC	White	300 x 600mm	Each	£46.37	£33.93
55801AC	White	300 x 900mm	Each	£63.77	£42.76
55808AC	Red	300 x 600mm	Each	£46.37	£33.93
55815AC	Red	300 x 900mm	Each	£63.77	£42.76
55822AC	Blue	300 x 600mm	Each	£46.37	£33.93
55829AC	Blue	300 x 900mm	Each	£63.77	£42.76
55836AC	Black	300 x 600mm	Each	£46.37	£33.93
55843AC	Black	300 x 900mm	Each	£63.77	£42.76









GLASS MINI WHITEBOARD NOTEPADS

The ideal mini whiteboard and memo board for note taking and lists; simply write or stick your notes, wipe clean and start afresh.

- Two dry erase mini whiteboard notepads with a stylish frameless glass whiteboard design: 1x brilliant white and 1x contemporary marble effect
- With non-slip pads the notepad will stay in place on any work surface when lying flat; allowing you to write and attach notes easily
- Glass whiteboard surface provides ultra-erasability and the highest resistance to ink stains and pen marks
- Supplied with 2 whiteboard pens
- 25 year surface guarantee

Code	Size	Pack	RRP	PRICE
55780AC	230 x 152mm	2	£36.23	£28.80



GLASS WEEKLY PLANNER WHITEBOARD

This glass whiteboard weekly planner is a useful tool for keeping organised at home or at work.

- With its frameless design and premium glass whiteboard finish, the dry erase surface with a weekly grid makes it an ideal whiteboard planner for noting down reminders, appointments and lists
- The high quality glass surface also offers the highest resistance and ultra-erasability to stains and pen marks; simply write, wipe clean and start afresh
- Supplied with a whiteboard pen
- · 25 year surface guarantee

Code	Size	Pack	RRP	PRICE
55787AC	430 x 560mm	Each	£65.23	£43.50



TRANSPARENT ACRYLIC MINI WHITEBOARD DESKTOP NOTEPAD

A home office whiteboard desktop notepad with modern frameless contemporary design that is perfect for making notes, capturing thoughts, ideas or key dates.

- The clear acrylic mini whiteboard notepad lays flat for easy writing, fitting neatty onto any desk or work surface and with the transparent design means the memo board blends seamlessly into the background when not in use
- The transparent acrylic dry erase surface can easily be wiped clean again and again so simply write, wipe away and start afresh
- · Supplied with a whiteboard pen
- · 1 year surface guarantee

Code	Size	Pack	RRP	PRICE
55850AC	A4	Each	£34.99	£19.24



After another of winter of discontent, it's likely you've worked from home, the workplace and maybe even a coffee shop. With Covid restrictions now lifting, there will be many who are skipping back to the office looking forward to the social side of working life and there will be others who will miss the easier pace of life working from home.

There have been many reports recently about a trial of a four-day working week by researchers at Oxford University, Boston College, Cambridge University and Think Tank Autonomy. The pilot scheme, titled 4 Day Week Global, includes 40 UK companies and will run from June to December 2022. What is it that they are looking to find as we surely all want to work a four-day week?

Joe O'Connor, the 4 Day Week Global's pilot program manager, said "reduced working time" was postthe remedy for this pandemic "great global resignation wave". He believes that businesses are finding it much harder to retain the best people and attract the brightest talents.

"The scheme takes the focus off time spent at work and instead allows businesses to focus on the actual output. It also reduces sick leave and work burn out and in this time of the great resignation, it will be good for the retention of staff." he comments.

There is no doubt that the pandemic has caused burnout and emotional pressures so companies will be acutely aware of the wellbeing of their employees. It is hoped that a fourday working week would also reduce carbon emissions, reduce the number of sick days taken, improve mental health and therefore save jobs and the need to retrain new staff.

Atom Bank, a Durham based mobile app based bank, adopted the four-day working week last November. All employees had their hours reduced with no drop in salary. CEO Mark Mullen said the move had improved employee mental and physical wellbeing, as well as business productivity. "In every top line measure after two months the data we have seen shows a positive trend in sickness,

staff attrition and customer service. When we look at staff surveys, they show that 90% of employees feel they can do the workload they need to do within the four day period." he told the Evening Standard.

Time will tell whether we can work smarter and be as productive in four days as we can in five and whether employers will be openminded enough to change the longstanding mantra of a Monday to Friday working week. We will, of course, update you when the trial results are published but a threeday weekend will certainly be appealing to most office workers. As Andrew Barnes, owner of 4 Day Week Global in Auckland says of a four-day working week "In fact productivity and profitability improves, so it is a sensible business strategy. The environmental and health benefits you get for free. We update our work spaces, our computer software and our health and safety practices constantly. So why can we not revise the work week?".

Source: telegraph.co.uk | standard.co.uk



Professionally display your information with Exacompta Sign and Literature Holders. It is important that you have clearly visible messaging in your workplace to ensure your employees and customers are safe and informed. The premium quality, robust crystal clear range of signage from Exacompta can be used on tables, countertops, desks and walls.

SIGN HOLDERS

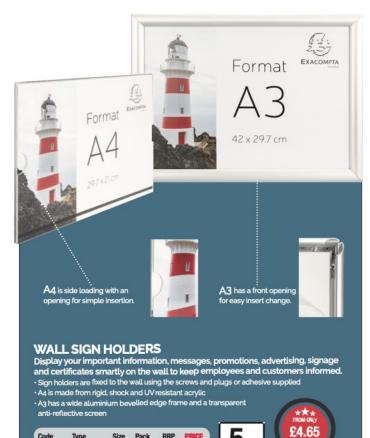
Upright and Tilted Sign Holders for displaying information and social distancing measures, ideal for retail, leisure, office and work environments.

- Made from premium quality acrylic with high transparency
- Tilted holders can be used both vertically and horizontally thanks to the levelled base on counters and desks

Code	Type	Size	Pack	RRP	PRICE
94882EX	Upright	A4	Each	£12.72	£5.25
15110EX	Tilted	A5	Each	£6.40	£2.65
94896EX	Tilted	A4	Each	£10.96	£4.59







Each £11.16

Each £22.08

WARRANTY

A3

94917EX Landscape

15096EX Landscape



LITERATURE HOLDERS

Whether on display in your reception and communal areas, or at an event or trade show, ensure your marketing literature stands out with these long-lasting acrylic Literature Holders.

- Made from premium quality, shock and UV resistant acrylic with high transparency
 Crystal clear for high visibility
 Perfect for leaflets, pamphlets and promotional materials

Code	Туре	Pack	RRP	PRICE
94924EX	Counter Holder A5 Single Tier	Each	£6.16	£2.59
94910EX	Wall Holder A5 Single Tier	Each	£9.80	£3.99
15705EX	Counter Holder 1/3 A4 (DL) Single Tier	Each	£4.96	£2.10
94903EX	Counter Holder A4 Single Tier	Each	£11.48	£4.79
94875EX	Wall Holder A4 Single Tier	Each	£10.80	£4.50
15103EX	Counter Holder A4 3 Tiers	Each	£34.60	£13.25



ARCHYI.

Inspired by creativity, ARCHYI. focuses on functionality, fluid and authentic communication and fine design, meeting your expectations and the ultimate market trends. We stock a wide range of ARCHYI. workspace interior solutions so please contact us to discuss your requirements.

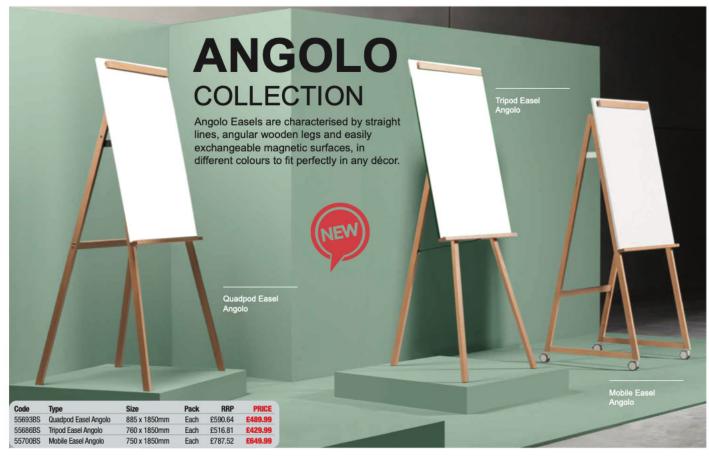




Also available in the ARCHYI. range! Please contact us to find out more.



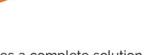






Move & Meet Mobile Whiteboard System





The new Nobo Move & Meet Mobile Magnetic Whiteboard & Notice Board System provides a complete solution that allows teams to work flexibly, productively and collaboratively. The mobile base can accommodate up to 4x double sided portable whiteboards or notice boards, providing you with an extensive writing or display surface area.

6 in 1 Product System



Room Divider and Writing Wall

Flipchart Easel







Notice Board

Planning and Collaboration Tool

Flexible Portable Boards

Notice board

MOVE & MEET MOBILE WHITEBOARD SYSTEM

- ard has 4 castors for easy mobility around your workplace bile systems comes complete with a removable accesso











Code	Туре	Pack	RRP	PRICE
17063AC	Mobile Magnetic Whiteboard and Notice Board System	Each	£2098.30	£809.99
17007AC	Mobile Magnetic Whiteboard System	Each	£1129.77	£457.42
17028AC	Removable and Portable Whiteboard - Grey Trim	Each	£387.80	£186.26
17035AC	Removable and Portable Whiteboard - Black Trim	Each	£387.80	£186.26
17042AC	Removable and Portable Whiteboard - Orange Trim	Each	£387.80	£186.26
17014AC	Removable and Portable Whiteboard / Notice Board - Grey Trim	Each	£426.03	£203.76
17021AC	Removable and Portable Whiteboard / Notice Board - Black Trim	Each	£426.03	£203.76
17049AC	Whiteboard Accessory Kit	Each	£106.51	£56.66
17056AC	Collaboration Accessory Kit	Each	£194.64	£97.04



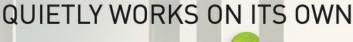














The fully automatic Leitz IQ Autofeed paper shredders are so intelligent they quietly work on their own. Just insert your stack of papers, close the lid and get on with your day.

· Unique clean emptying feature (cutters reverse after every use) to prevent paper shreds dropping behind the bin when pulled out

- Infra red bin full sensor as well as 80% full warning to alert user to empty the bin to avoid mess
- jam technology uninterrupted shredding automatically stops and reverses the paper out when too much paper is inserted
- ECO sleep mode activates after 3 minutes of non use



150 SHEETS

P5

IQ AUTOFEED SMALL OFFICE 100 / OFFICE 150 **AUTOMATIC SHREDDER**

Your small office companion.

- · Autofeed feature for 100/150 sheets of A4, manual slot for 8 sheets in P4 and 6 sheets in P5
- · Continuous 20 min/30 min run time and generous 34L/44L capacity pull out bin allowing the full chamber to be shredded in one go
- · Touch-Control simple and intuitive for easy operation
- · Also shreds credit cards, staples and paperclips
- Autofeed Small Office 100 Shredder size: 530 x 430 x 365 mm
- Autofeed Office 150 Shredder size: 618 x 430 x 365 mm

Code	Туре	Cut Type	Security	Pack	RRP	PRICE
85877AC	Office 100	Cross Cut	P-4	Each	£516.17	£241.68
85884AC	Office 100	Micro Cut	P-5	Each	£623.37	£290.38
85891AC	Office 150	Cross Cut	P-4	Each	£684.90	£318.31
85898AC	Office 150	Micro Cut	P-5	Each	£817.90	£378.73

IQ AUTOFEED OFFICE 300 AUTOMATIC SHREDDER

Ideal for daily use in any office.

300 SHEETS

P5

- · Autofeed feature for 300 sheets of A4, manual slot for 10 sheets in P4 and 8 sheets in P5
- Continuous 60 min run time and generous 60L capacity pull out bin allowing the full chamber to be shredded in one go
- · Touch-Control with pin code lock for ultimate confidence and security
- · Easy to move the machine around thanks to four high quality wheels
- · Also shreds credit cards, staples and paperclips
- · Size: 735 x 465 x 415 mm

Code	Туре	Cut Type	Security	Pack	RRP	PRICE
85905AC	Office 300	Cross Cut	P-4	Each	£1077.44	£451.50
85912AC	Office 300	Micro Cut	P-5	Each	£1503.51	£621.01





For robust office shredding.

- · Autofeed feature for 600 sheets of A4, manual slot for 15 sheets in P4 and 10 sheets in P5
- · Continuous 240 min run time and large 110L capacity pull out bin allowing the full chamber to be shredded in one go
- · Touch-Control with pin code lock for ultimate confidence and security
- · Easy to move the machine around thanks to four high quality wheels
- · Also shreds credit cards, staples and paperclips
- Size: 960 x 570 x 510 mm

Code	Туре	Cut Type	Security	Pack	RRP	PRICE
85919AC	Pro 600	Cross Cut	P-4	Each	£2263.17	£934.77
85926AC	Pro 600	Micro Cut	P-5	Each	£3795.16	£1532.69



Re (el "Optimum Autofeed+ Automatic Shredders



AutoFeed Technology

Not enough time to stand at the paper shredder? When bulk shredding, Rexel Optimum AutoFeed+ Automatic Shredders are proven to save 98% of the time you waste hand feeding documents into a standard shredder. So why wait, when you can Auto shred with Rexel?













AutoFeed ensures shredding is not time consuming, saving 98% of time compared to manual shredding.











MODEL	750M	750X	600M	600X	300M	300X	150M	150X
Shred Autofeed 80gsm	750	750	600	600	300	300	150	150
Sheets Manual Feed	15	20	10	15	8	10	6	8
Security Level	P-5	P-4	P-5	P-4	P-5	P-4	P-5	P-4
Cut Type	Micro Cut	Cross Cut	Micro Cut	Cross Cut	Micro Cut	Cross Cut	Micro Cut	Cross Cut
Bin Size	140 Litres	140 Litres	110 Litres	110 Litres	60 Litres	60 Litres	44 Litres	44 Litres
Run Time	4 Hours	4 Hours	4 Hours	4 Hours	1 Hour	1 Hour	30 Mins	30 Mins
Pin Lock	✓	✓	1	1	✓	1	¥	2
Shreds Credit Cards/CDs	/	1	1	1	/	1	/	1
Anti-Jam Technology	/	1	1	1	1	1	✓	1
Infra Red Bin Full Sensor	1	✓	1	✓	✓	✓	✓	/

Re (el Momentum Extra Jam-Free Paper Shredders



large bins, long

Jam-free active sensing technology measures the number of sheets being fed in real-time to stop paper jams. The extralarge bins, longer run times and increased sheet capacity make these paper shredders ideal for any office environment.



For frequent shredding.



P4 / P5 high security level With increased bin capacity.



Intuitive touch controls For easy operation.



Guarantee
2 year guarantee on all
models.









MODEL	XP426+	XP520+	XP ₄₂₂ +	XP516+	XP418+	XP512+	XP420+	XP514+
Sheets Manual Feed	26	20	22	16	18	12	20	14
Security Level	P-4	P-5	P-4	P-5	P-4	P-5	P-4	P-5
Cut Type	Cross (4x30mm)	Micro (2x15mm)	Cross (4x35mm)	Micro (2x15mm)	Cross (4x35mm)	Micro (2x15mm)	Cross (4 x 35mm) Micro (2x15mm)
Bin Size	120 Litres	120 Litres	85 Litres	85 Litres	45 Litres	45 Litres	60 Litres	60 Litres

BOOST

Love Your Workspace



As a loyal reader of Office VIBES®, we know you already love your workspace. If you are looking for fresh ideas to make you more productive and your desk space more appealing, try making it sensory-friendly. According to sensoryfriendly.net "Most people do not realise that they have ignored their senses when setting up their office. If you pay attention to all of your eight senses you will improve your workspace, expand your love for it and increase your productivity at work."

Sight



A minimalist desk set up helps many people at work. Ask yourself this question of every item on your desk, "have I used this today?". If not, remove it from your desk. Clutter in our line of vision can be a distraction. Love your workspace by only keeping the things you use handy.

Noi

Sound



Noise at work can be the greatest distraction, especially in a shared workspace. What makes a good workspace is one where noise levels are safe and noises are not distracting. Use a noise-cancelling headset for your calls or to listen to music. Your colleagues will thank-you.

Taste



You might think this is the most obscure sense! Do you have access to food and drink in your workspace? Do you keep a bottle of water at your desk to stay well-hydrated? Did you know that snacking, especially on crunchy food can help keep you more productive?



Touch

A big part of productive workspace design is being comfortable at your workstation. First, start simple, is the chair you sit on comfortable? Are the armrests comfortable? Your body touches your desk furniture throughout the day and therefore, it needs to be tailored to your body requirements..

Smel



What is the air quality like in your workspace? Clean, fresh, well-ventilated air is important. Is your office scent-free or full of stale smells? Productivity at work can be negatively impacted by distracting scents and smells.



Movement

A productive desk layout is key to a healthy desk. Adopting awkward postures at your desk puts a great deal of strain on your body. Poor office ergonomics can put additional strain on your back, neck, arms, legs and eyes.

Balance



Moving around in both safe and comfortable postures is healthy, stand and move at every opportunity you get. Put the printer at the other end of the room so that you have to get up and walk to get what you printed. Make sure you move your head around when sitting at your computer as it will help with your balance.



Introception

You can learn more about your eighth sense, introception. It tells you when you are hungry, thirsty, tired, or need to use the bathroom. This is an internal body sense. Being well-hydrated is a huge bonus to your health and work, listen to your introception senses as they will tell you what your body needs



Auto Feed Laminators

Quick and simple health and safety messages with Foton 30!

Clear and informative signage has never been more important to encourage employees, visitors and students to follow health and safety procedures. Laminated signs located in corridors, offices, meeting rooms, break-out areas and classrooms will help everyone adhere to essential social distancing guidelines. Laminated documents are easily wiped clean, can be disinfected and are robust and long lasting.













Your time is precious so pick the tools that will make you more efficient. The GBC Foton 30 introduces a new way to laminate. Just place documents in the tray, press start and walk away.













Foton 30 is now even more productive with easy load refillable cartridges which reduce costs and improve efficiency.

· Each refillable cartridge is provided with a lamination roll. To refill: simply remove empty cartridge, open the cartridge levers, insert a replacement roll and close the

- 75 micron laminates up to 250 A4 documents
- · 100 micron laminates up to 190 A4 documents
- · 125 micron laminates up to 150 A4 documents

Code	Туре	Pack	RRP	PRICE
Refillable	Film Cartridge	s		
16979AC	75 Microns	Each	£84.66	£51.88
11166AC	100 Microns	Each	£84.66	£51.88
16972AC	125 Microns	Each	£84.66	£51.88
Replacem	ent Lamination	Roll Fi	lm	
17000AC	75 Microns	Each	£105.24	£62.31
16986AC	100 Microns	Each	£105.24	£62.31
16993AC	125 Microns	Each	£105.24	£62.31

FOTON 30 AUTOMATIC LAMINATOR

Automatically laminates up to 30 A4 documents at a time. · Automatic auto feed paper alignment for perfect laminated documents every time

- · Manual lamination mode for heavyweight paper or non-standard shaped documents, up to 250gsm
- · Intuitive control panel allows easy switching between automatic and manual mode settings
- · Low film indicator light to let you know when cartridge needs replacing

Code	Туре	Pack	RRP	PRICE
71912AC	Foton 30	Each	£1400.00	£558.55

FOTON 30 STANDARD FILM CARTRIDGES Easy to load gloss film cartridges.

- 75 micron laminates up to 250 A4 documents
- · 100 micron laminates up to 190 A4 documents
- · 125 micron laminates up to 150 A4 documents





Code	Туре	Pack	RRP	PRICE
71919AC	75 Microns	Each	£114.27	£62.07
71926AC	100 Microns	Each	£114.27	£62.07
71933AC	125 Microns	Each	£114.27	£62.07



LEITZ RECYCLE REFLECTS YOUR CHOICE FOR THE ENVIRONMENT

With the new Recycle range from Leitz you can improve both the global environment - and your own. Every product in the range is climate neutral, 100% recyclable and made from a high percentage of recycled materials.













That I was a second









RECYCLE POLYPROPYLENE EXTRA WIDE INDEXES

Premium quality, extra wide dividers made from 90% preconsumer recycled plastic, ideal for clear organisation of A4 documents, notes and school work.

- · Climate neutral and 100% recyclable
- · Won't cover tabs when used with punched pockets thanks to extra wide A4 maxi format
- · Wipe clean divider polypropylene surface is durable and tear resistant
- Durable 160gsm 100% recycled cardboard front sheet with large space for section description
- · Universal 11 hole punched filing strip for easy filing in all types of binders and files

Code	Type	Pack	RRP	PRICE
55500AC	1-10	Each	£4.23	£2.84
55507AC	1-12	Each	£4.48	£2.99
55514AC	1-20	Each	£7.17	£4.81
55521AC	1-31	Each	£7.95	£5.34
55528AC	A-Z	Each	£4.69	£3.14



RECYCLE LEVER ARCH FILES

Eye-catching, premium quality A4 Lever Arch File made from 100% recycled card. The entire file can be disassembled and separated into paper, plastic and metal for 100% recycling.

- Climate neutral, 100% recyclable with FSC[®] and Blue Angel environmental certifications
- · Unique patented mechanism that opens 180° for 50% wider opening and 20% faster filing
- Light grey recycled plastic thumbhole and rado rings for easy
- retrieval and to secure the file when closed and upright
- · 5 year guarantee on the mechanism
- · 80mm spine holds 600 sheets of A4 80gsm paper
- · 50mm spine holds 350 sheets of A4 80gsm paper

Code	Size	Pack	RRP	PRICE
55486AC	80mm	10	£85.00	£45.46
55493AC	50mm	10	£85.00	£45.46

RECYCLE CARD DIVIDER BOOKS

The Divider Books are ideal for managing smaller projects, dividing subjects, organising customer files and other documents per subject in different compartments.

- Made from premium 100% recycled (postconsumer) card, 100% recyclable (after removing the elastic band), climate neutral and Blue Angel Certified
- Tabbed compartments for filing different projects
 Index on the inner flap to describe the content of each section.
- Elastic bands on corners prevent documents from falling out
- The cover is made from very strong 430gsm card and the dividers 275gsm card making the book long lasting and reusable



Code	Туре	Pack	RRP	PRICE
55556AC	6 Tabs	6	£46.80	£25.03
55563AC	12 Tabs	4	£43.68	£23.39

RECYCLE POCKETS

Protective pockets for durable and long-lasting filing of your files and documents.

- Made from 90% (pre-consumer) recycled plastic, 100% recyclable and climate neutral
- 11 hole universal pre-punched reinforced strip for use in any ring binder or lever arch file, the reinforcement is made from clear recycled film
- Embossed matt surface with copy safe film prevents ink migrating from paper to plastic

Code	Microns	Pack	RRP	PRICE
A4 Pockets				
55626AC	100	100	£26.07	£14.50
55577AC	140	25	£10.97	£6.30
55570AC	140	100	£54.86	£28.38
A3 Pockets				
55584AC	100	25	£13.10	£7.54





RECYCLE CARD SUSPENSION FILE

Suspension File with a v-base that maximises storage space with vertical filing to keep papers tidy and accessible.

- Made from premium 100% recycled 250gsm card, 100% recyclable, climate neutral and Blue Angel Certified
- 15mm V-base holds 150 sheets of A4 80gsm paper, base can be extended with pre-creased folds to fit 300 sheets, with slots
- to add mounting binding stripe to file punched papers

 Strong durable 'S' shaped metal bars won't bend under weight, special paint coating avoids noise when sliding the files

Code	Colour	Pack	RRP	PRICE
55535AC	Black	Each	£1.78	£1.01



RECYCLE SPIRAL CLIP FILES

Spiral Clip File for organising, storing and carrying punched A4 documents.

- Made from premium 100% recycled (post-consumer) card, 100% recyclable, climate neutral and Blue Angel Certified
- The spiral clip mechanism means that pages can be more easily turned and read as they lie open as in a book (different to regular flat files where the documents are clasped tight)
- Made from very strong 430gsm card that makes it longlasting and reusable
- · 250 sheet capacity of A4 80gsm paper

Code	Colour	Pack	RRP	PRICE
55542AC	Black	10	£30.80	£16.39



RECYCLE CARD FOLDERS

The Card Folder is a popular way of protecting and transporting documents.

- Made from premium 100% recycled card (after removing the elastic bands), 100% recyclable, climate neutral and Blue Angel Certified
- With comer elastic bands to prevent documents from sliding out
- Made from very strong 430gsm card that makes it longlasting and reusable
- · 250 sheet capacity of A4 80gsm paper

Code	Colour	Pack	RRP	PRICE
55549AC	Black	10	£21.60	£12.41



RECYCLE EXPANDING FILES

A robust and practical Expanding File with individual compartments for filing different projects.

- Made from premium 80% recycled (post-consumer) card, 100% recyclable, climate neutral and Blue Angel Certified
- Ideal for managing smaller projects, dividing subjects, organising customers files and other documents
- 5 expanding compartments and fixed front compartment for storing loose items
- Opaque material to protect sensitive personal or company data
- 250 sheet capacity of A4 80gsm paper

1	Code	Colour	Pack	RRP	PRICE	
	55598AC	Black	5	£78.05	£44.79	



RECYCLE BOX FILE

A high capacity Box File for storing A4 documents at home, school and at work.

- Made from premium 80% (post-consumer) recycled plastic, 100% recyclable, climate neutral and Blue Angel Certified
- A quick and easy professional solution for transporting or storing a large amount of paperwork
- · 3 inner flaps prevent documents from falling out
- Secure, recyclable fastening for secure transportation of documents
- Opaque material to protect sensitive personal or company data
- 250 sheet capacity of A4 80gsm paper

1	Code	Colour	Pack	RRP	PRICE	
Į	55591AC	Black	5	£49.80	£26.65	



RECYCLE DISPLAY BOOKS

Display Books ideal for presenting and displaying A4 presentations, drawings, photos and documents.

- Made from premium 90% (pre and post-consumer) recycled plastic, 100% recyclable and climate neutral.
- · Copy safe film prevents ink going from paper to plastic
- 20 pockets holds 40 sheets and 40 pockets holds 80 sheets of A4 80gsm paper

Code	Pockets	Pack	RRP	PRICE
55605AC	20	Each	£5.48	£3.14
55612AC	40	Each	£7.07	£4.05







MADE FROM 100% **RECYCLED WASTE**



www.blauer-engel.de/uz56

NOTEBOOKS

The range of Forever Notebooks are made from 100% recycled bright white Blue Angel Certified 90gsm

- · Hardwearing 100% recycled Blue Angel certified 400gsm pressboard covers
- 120 pages lined with margin
- · Micro-perforated pages for neat and easy removal

Code	Size	Pack	RRP	PRICE
74096EX	A4	5	£44.76	£15.99
74103EX	A5	10	£65.40	£23.37







BRIGHT DOCUMENT WALLETS

Vibrant Document Wallets made from 100% recycled card with Blue Angel Certification for a caring filing solution.

- · Perfect for tidying up loose paperwork and for protecting documents when on the move
- · Expanding gusset of up to 32mm which will hold 180 sheets · Assorted pack contains 5 each of: green, pink, yellow, blue and

Code	Colour	Pack	RRP	PRICE
47153EX	Blue	25	£20.89	£11.29
47090EX	Purple	25	£20.89	£11.29
69707EX	Pink	25	£20.89	£11.29
69714EX	Yellow	25	£20.89	£11.29
69721EX	Green	25	£20.89	£11.29
65545FX	Assorted	25	£20.89	£11.29



RING BINDERS

Made from 100% recycled, Blue Angel Certified paper over board, featuring a strong 2 O-ring mechanism for the perfect environmentally friendly choice for filing and organising your documents.

- · A4+ size to take punched pockets, 40mm spine holds up to 300 sheets of paper
- Label on the spine for quick identification of contents

Code	Colour	Pack	RRP	PRICE
74075EX	Blue	10	£34.18	£23.79
74089EX	Red	10	£34.18	£23.79
74082EX	Green	10	£34.18	£23.79
74068EX	Assorted	10	£34.18	£23.79



over board, with a strong 2 D-ring mechanism for long-lasting use and secure storage of your paperwork.

- A4* size to take punched pockets, 80mm spine holds up to 500 sheets of paper
- · Label on the spine for quick identification of contents
- · Thumb hole for quick shelf retrieval

Code	Colour	Pack	RRP	PRICE
74110EX	Black	10	£57.08	£25.50
74019EX	Blue	10	£57.08	£25.50
74033EX	Red	10	£57.08	£25.50
74026EX	Green	10	£57.08	£25.50
74012EX	Assorted	10	£57.08	£25.50





Forever® Young is manufactured from post-consumer plastic waste. An environmentally responsible and eco-friendly range, stylish and on-trend.







www.blauer-engel.de/uz30a



ELASTICATED 3 FLAP FOLDERS

Elasticated 3 Flap Folders are made from recycled polypropylene, ideal for storing and transporting A4 documents.

- 3 flaps and elastic straps for keeping papers secure and protected
- · Spine label for easy identification of contents
- · Stores up to 250 sheets
- · Assorted pack of 4 contains 1 each of: blue, fuchsia, turquoise and yellow

Code	Colour	Pack	RRP	PRICE
13553EX	Assorted	4	£36.32	£12.99



Colourful Box Files that are perfect for carrying and storing a large amount of A4 paperwork and files.

- Made from recycled polypropylene with elasticated straps for keeping your documents secure
- · Spine label for easy identification of contents
- · 40mm spine with a capacity of 350 sheets
- · Assorted pack of 4 contains 1 each of: blue, fuchsia, turquoise and vellow

Code	Colour	Pack	RRP	PRICE	
13560EX	Assorted	4	£73.00	£25.99	



Ring Binders with 2-O rings that accommodates A4 multipunched pockets and dividers.

- Made from recycled polypropylene for a practical solution for filing your everyday documents
- · Spine label for easy identification of contents
- · Assorted pack of 4 contains 1 each of: blue, fuchsia, turquoise

Code	Colour	Pack	RRP	PRICE
15mm - 1	40 Sheet Ca	pacity		
13567EX	Assorted	4	£45.36	£16.20
30mm - 2	75 Sheet Ca	pacity		
13574EX	Assorted	4	£54.40	£19.45



3 FLAP MULTI 8 PART FILES

Elasticated Multipart Files with 8 sections and coloured dividers for organising your separate files and projects.

- · Made from recycled polypropylene for long-lasting filing
- · Elasticated closure to secure documents
- · Capacity for up to 250 A4 sheets
- · Assorted pack of 4 contains 1 each of: blue, fuchsia, turquoise and yellow

Code	Colour	Pack	RRP	PRICE
13581EX	Assorted	4	£94.56	£33.79



A set of 4 Letter Trays in A4+ format that stack either vertically or in steps for easy access to your regularly used documents.

- · Robust and stable, these letter trays come with 12 spacers to increase storage capacity
- · Label holders included
- · Assorted pack of 4 contains 1 each of: blue, fuchsia, turquoise and yellow

Code	Colour	Pack	RRP	PRICE
13616EX	Assorted	4	£43.36	£15.49



These semi-rigid recycled polypropylene Display Books are perfect for presentations and storing paperwork.

- · Crystal clear pockets with high transparency
- · Attractive textured covers
- · 20 pockets provide 40 views, 30 provide 60 views, 40 provide 80 views and 50 pockets provide 100 views
- · Assorted pack of 4 contains 1 each of: blue, fuchsia, turquoise and yellow

Code	Pockets	Pack	RRP	PRICE
13588EX	20	4	£48.76	£17.49
13595EX	30	4	£56.32	£19.99
13602EX	40	4	£62.84	£22.45
13600FY	50	1	670.40	225 15



LoSt Your Passion for Work?

Eat, sleep, work, repeat... If that sounds familiar then it's likely you've fallen out of love with your job. After two years of Covid challenges. understandable that you may have lost your drive, are stressed, bored, feel under appreciated or maybe you're not challenged enough. We've all had time to reflect on what we want our futures to look like so if your heart isn't in work anymore, the 9-5 days can feel like they are never going to end.

The pandemic gave all of us an opportunity to really consider what we want out of life; to reevaluate our talents and re-assess our purpose and what makes us happy. The world has changed beyond recognition and our

working lives are no different. It could be now that you are more interested in social, green or political roles, want to climb the career ladder or perhaps want to work less to spend more time with your family.

It can be unnerving to have lost your love for your job, especially if it was one you previously enjoyed. Before you join the 'Great Resignation' that is currently happening, start by asking yourself if your spark is permanently out or if it just needs reigniting? Think about whether you felt isolated at home, missed the social interactions, were overworked, didn't feel supported or weren't motivated working on your own.

The obvious solution would be to quit and pursue other opportunities but make sure that it is 100% right for you as the grass isn't always greener. Alternatively take stock of what you used to like about your job and whether you can get those elements back; it could be that you just need to rediscover and rekindle with your job again. Do you need to do more

collaborative work, do you want to work with a mentor, go on a training programme or do you need a night out with your colleagues to re-establish your relationships?

You job is so much more than a pay cheque, it is a big part of your life so you need to make sure it is right for you, your

family and your lifestyle. There is a big difference between being disinterested or unmotivated and falling completely out of love with it. Some people have never had a passion for their work but we think that it is important to be enthused with what you do as it will have such a positive impact on other areas of your live if you are fulfilled. Not sure what to do next? Take some time out, have an honest conversation with colleagues, managers, family and friends and make the distinction between whether you have fallen out of love with your job forever or just need to reignite your passion for it. Only then can you be sure to make the right decision.



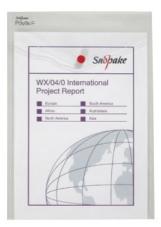
Secure your documents in style with Snopake Polyfile, these envelope style wallets are the strongest in the market thanks to double welded polypropylene and can be wiped clean for a hygienic filing solution. The files are designed to be used time and time again, are made from PVC-Free materials and are fully recyclable when you've finished with them.



POLYFILE P CLEAR

Portrait wallets for upright filing, storage and presentation.

- Snopake press-stud closure keeps content secure inside
- Smart Superline finish for professional presentation and everyday protection
- Clear file enables easier identification of contents

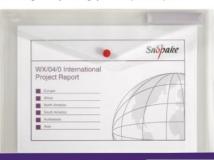


ĺ	Code	Size	Pack	RRP	PRICE
	31434SN	A5	5	£8.52	£4.62
١	31420SN	A4	5	£10.01	£5.42

POLYFILE FOOLSCAP CLEAR

Clear files with a press-stud closure for security and a clever index at the top for organised filing.

- · Strong polypropylene material with an attractive Superline emboss
- · Featuring a handy indexing system unique to Snopake





Code	Size	Pack	RRP	PRICE
31392SN	Foolscap	5	£9.90	£5.39



POLYFILES

Secure your documents in style with these envelope style wallets that are made of durable polypropylene to protect your documents from damage, scuffing or spills.

- Features a press-stud closure to keep contents safe and secure
- Strong polypropylene material with attractive Superline emboss
- Classic assorted pack contains 1 each of: clear, blue, vellow, green and red
- Electra assorted pack contains 1 each of blue, green, pink, purple and turquoise

Code	Size	Colour	Pack	RRP	PRICE
31343SN	DL	Clear	5	£7.53	£3.99
31868SN	DL	Classic	5	£7.53	£3.99
31861SN	DL	Electra	5	£7.53	£3.99
31350SN	A5	Clear	5	£7.97	£4.29
31357SN	A5	Classic	5	£7.97	£4.29
31280SN	A5	Electra	5	£7.97	£4.29
31371SN	Foolscap	Blue	5	£9.90	£5.35
31378SN	Foolscap	Red	5	£9.90	£5.35
31301SN	Foolscap	Electra Purpl	e 5	£10.01	£5.39
31399SN	Foolscap	Classic	5	£9.90	£5.35
31329SN	Foolscap	Electra	5	£10.01	£5.39
31315SN	Foolscap	Electra Blue	5	£10.01	£5.39
31413SN	A3	Clear	5	£22.95	£12.35



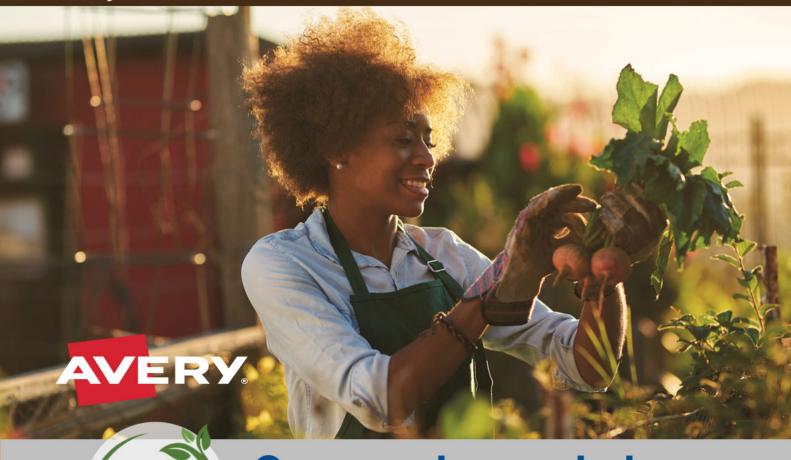
POLYFILE ID

Attractive A4 durable polypropylene files in high gloss Superline material, designed for A4 paperwork and filing systems.

- Featuring a business card size index pocket
- Electra assorted pack contains 1 each of: blue, green, pink, purple and turquoise

Code	Colour	Pack	RRP	PRICE
31364SN	Clear	5	£12.55	£6.50
31287SN	Electra	5	£12.58	£6.79





Green workspace today, Greener world tomorrow.

If you want to do everything you can to protect the environment, you can now include your mailing labels. Avery has a range of high quality eco-friendly Recycled Labels to help make your life a little more green.



With Avery Recycled Labels you can make a difference and help to protect the environment. These labels are made from 100% chlorine-free, bleached recycled paper.

- Guaranteed JamFREE" ensuring they run smoothly through your laser printer every time
- Packaging can be recycled with your normal office waste
- The FSC® label on this product ensures responsible use of the world's forest resources.
- Address and Parcel Labels are easier to peel & faster to apply with unique QuickPEEL" feature
- Filing Labels feature BlockOUT[®] material to ensure full coverage of anything underneath once applied
- With Avery Design and Print you can add text, messages, images and logos to your label template to create your perfect design. Please visit

	Labala		Labela		1
Avery Ref	per Sheet	Size		RRP	PRICE
ddress Labels					
LR7160-15	21	63.5 x 38.1mm	315	£10.45	£6.99
LR7160-100	21	63.5 x 38.1mm	2100	£43.57	£27.99
LR7162-15	16	99.1 x 33.9mm	240	£10.45	£6.99
LR7162-100	16	99.1 x 33.9mm	1600	£43.57	£27.99
LR7163-15	14	99.1 x 38.1mm	210	£10.45	£6.99
LR7163-100	14	99.1 x 38.1mm	1400	£43.57	£27.99
arcel Labels					
LR7165-15	8	99.1 x 67.7mm	120	£10.45	£6.99
LR7165-100	8	99.1 x 67.7mm	800	£43.57	£27.99
LR7168-15	2	199.6 x143.5mm	30	£10.45	£6.99
LR7168-100	2	199.6 x143.5mm	200	£43.57	£27.99
LR7167-15	1	199.6 x 289.1mn	1 15	£10.45	£6.99
LR7167-100	1	199.6 x 289.1mn	100	£43.57	£27.99
iling Labels					
LR4760-15	7	192 x 38mm	105	£10.45	£6.99
LR4761-15	4	192 x 61mm	60	£10.45	£6.99
LR4760-100	7	192 x 38mm	700	£42.87	£27.49
LR4761-100	4	192 x 61mm	400	£42.87	£27,49
	LR7160-100 LR7162-15 LR7160-100 LR7162-15 LR7162-100 LR7163-15 LR7163-100 LR7163-15 LR7165-15 LR7165-100 LR7168-100 LR7168-101 LR7167-15 LR7167-100 LR7167-15 LR4760-15 LR4760-15 LR4760-100	ddress Labels LR7160-15 21 LR7160-10 21 LR7162-15 16 LR7162-10 16 LR7163-15 14 LR7163-15 14 LR7163-10 14 aracel Labels LR7165-15 8 LR7165-10 8 LR7168-15 2 LR7168-10 1 LR7167-10 1 LR7167-10 1 LR7167-10 1 LR7167-10 7 LR7167-15 7 LR74761-15 4 LR4760-10 7	Avery Ref ddress Labets per Sheet ddress Labets Size LR7160-15 21 63.5 x 38.1mm LR7160-100 21 63.5 x 38.1mm LR7162-15 16 99.1 x 33.9mm LR7163-15 14 99.1 x 38.1mm LR7163-100 14 99.1 x 38.1mm rarcel Labets LR7165-15 8 99.1 x 67.7mm LR7165-10 8 99.1 x 67.7mm LR7168-15 2 199.6 x 143.5mm LR7167-15 1 199.6 x 289.1mn LR7167-10 1 199.6 x 289.1mn LR4760-15 7 192 x 38mm LR4760-15 4 192 x 61mm LR4760-100 7 192 x 38mm 192 x 38mm	Avery Ref ddress Labels per Sheet ddress Labels Size per Pack ddress Labels LR7160-15 21 63.5 x 38.1mm 315 LR7160-100 21 63.5 x 38.1mm 2100 LR7162-15 16 99.1 x 33.9mm 240 LR7163-15 14 99.1 x 38.1mm 210 LR7163-10 14 99.1 x 38.1mm 1400 rarcel Labels LR7165-15 8 99.1 x 67.7mm 800 LR7165-10 8 99.1 x 67.7mm 800 LR7168-15 2 199.6 x143.5mm 30 LR7167-10 1 199.6 x 289.1mm 15 LR7167-10 1 199.6 x 289.1mm 10 llag Labels LR4760-15 7 192 x 38mm 105 LR4760-15 4 192 x 38mm 700	Avery Ref per Sheet Size per Pack RRP ddress Labels 8.5 x 38.1mm 315 £10.45 LR7160-15 21 63.5 x 38.1mm 210 £43.57 LR7162-10 21 63.5 x 38.1mm 210 £43.57 LR7162-10 16 99.1 x 33.9mm 240 £10.45 LR7163-15 14 99.1 x 38.1mm 160 £43.57 LR7163-10 14 99.1 x 38.1mm 120 £43.57 arcel Labels 8 99.1 x 67.7mm 120 £10.45 LR7165-10 8 99.1 x 67.7mm 30 £43.57 LR7166-10 2 199.6 x 143.5mm 30 £10.45 LR7166-10 2 199.6 x 143.5mm 30 £10.45 LR7166-10 1 199.6 x 289.1mm 10 £43.57 LR7167-15 1 199.6 x 289.1mm 10 £43.57 LR7166-10 1 199.6 x 289.1mm 10 £43.57 LR766-10 1 199.6 x



This May search
#AVERYGOM for tips
on how to make
your life a little
more green.







AVERY.



By loving your workspace and getting more organised you are more likely to feel less stress, have a decluttered mind and feel more productive.

Whether it may be filing away important documents, having a pristine desk at work or labelling files and other items, Avery has the perfect solution for all your needs in order to make your life just that little bit easier.

The best part is you can achieve all of this and enjoy a treat on Avery!

In every pack of selected Avery products, they have included £2 of rewards which you can claim instantly or save up to spend with some of the brands you love! You can also donate your reward with NHS Charities. Please visit www.averyrewardsclub.co.uk for more details.

LABELS

Avery Labels are simple to use with the unique QuickPEEL* that makes them easier to peel and apply.

- · Sizes perfectly optimised to suit all your needs
- Printer specific labels available for laser and inkjet
- · Avery Design & Print saves time by adding designs to your labels. Please visit avery.co.uk/print

'Applicable on 100 sheet and 250 sheet laser and inkjet address and parcel labels.

Terms and Conditions: U.K. CI, IoM 18+. Promotion ends on 31.12.22. Registration and internet access required. To participate and for full terms, go to www.averyrewardsclub.co.uk.

Below are some of the participating packs for the Rewards promotion. For the full list of packs, please contact us.

		Labels per		Labels pe	r	
Code	Avery Ref	Sheet	Size	Pack	RRP	PRICE
Laser - Lab	els White					
44076AV	L7159-100	24	63.5 x 33.9mm	2400	£43.58	£27.99
44083AV	L7159-250	24	63.5 x 33.9mm	6000	£99.41	£55.99
44090AV	L7160-100	21	63.5 x 38.1mm	2100	£43.58	£27.99
44097AV	L7160-250	21	63.5 x 38.1mm	5250	£99.41	£55.99
44118AV	L7161-100	18	63.5 x 46.6mm	1800	£43.58	£27.99
44146AV	L7162-100	16	99.1 x 33.9mm	1600	£43.58	£27.99
44153AV	L7162-250	16	99.1 x 33.9mm	4000	£99.41	£55.99
44174AV	L7163-100	14	99.1 x 38.1mm	1400	£43.58	£27.99
44181AV	L7163-250	14	99.1 x 38.1mm	3500	£99.41	£55.99
44202AV	L7164-100	12	63.5 x 72.0mm	1200	£43.58	£27.99
44209AV	L7164-250	12	63.5 x 72.0mm	3000	£99.41	£55.99
Inkjet - Lab	els White					
43544AV	J8159-100	24	63.5 x 33.9mm	2400	£45.10	£26.99
43558AV	J8160-100	21	63.5 x 38.1mm	2100	£45.10	£26.99
43572AV	J8161-100	18	63.5 x 46.6mm	1800	£45.10	£26.99
43586AV	J8162-100	16	99.1 x 33.9mm	1600	£45.10	£26.99
43600AV	J8163-100	14	99.1 x 38.1mm	1400	£45.10	€26.99
43614AV	J8164-100	12	63.5 x 72.0mm	1200	£45.10	£26.99













In aid of

NHS CHARITIES TOGETHER

Registered Charity No 1186569





Honesty is the best policy or so they say. We are told as children that lying is wrong so it is a conflict of your personal values if you find yourself lying in your adult life.

It is too simple to say that no one should ever lie, there are reasons where it can deemed necessary such as protecting the confidentiality of a colleague but transparency and openness create a great culture where everyone is trusted.

Integrity is a cornerstone of successful business life, it builds trust, consistency and true relationships. Some people cannot handle the truth, especially if they are being criticised, but if everyone is treated in the same manner then you can rely on the fact that it is not personal.

During the pandemic, certain senior government figures were allegedly caught in a lie and the mistrust that followed gave people the green light to stop following the rules with the 'if it is good enough for them, it is good enough for me' ideology. Rules in our personal and working lives are there to keep us safe and when we doubt the integrity of those who create the rules, confusion arises.

There is an art to being honest and it is a balance between the truth and diplomacy. Differing viewpoints and interests will always cause debates, they are a good thing as we look to challenge and improve our working lives. If you are too brutal with the truth it can be hurtful and cause long-term conflicts so how you communicate is the key to being honest. What would you prefer to hear - "You are lazy and

have been slacking off this week" or "I've noticed you have been a bit distracted this week so you need to step up your efforts please"?

There will of course be occasions for brutal honesty when an employee or colleague has stepped over the line or broken the rules but it is likely to come with consequences. Diplomatic honesty is the preferable option in most scenarios as long as it is a candid discussion so that you don't fall into the habit of hiding the truth because it is easier. It is a thin line between honesty and diplomacy; what you say and how you say it is the most important thing. What is clear is that no good comes from telling a lie as you are bound to get caught out so as the old adage goes 'think before you speak'.

VITA - the plastic free e-commerce packaging solution.

VITA™ RECYCLED **KRAFT BOOK WRAPS**

Do you need to send bulky awkward items, perhaps books or magazines? Well, you can send them safely and securely with this range of 'green' kraft book wraps. The range of book wraps are environmentally friendly, recyclable and are all plastic free.

They are easy to open and package items in

280 x 205 x 70mm

310 x 250 x 70mm

406 x 302 x 70mm

435 x 318 x 60mm

11074BL

11081BI

11088BL

- · Constructed from high quality corrugated cardboard
- Peel & seal sealing plus a rip strip for easy opening The cardboard alternative for polythene mailing bags

Code	Size	Pack	RRP	PRICE
11060BL	217 x 155 x 52mm	25	£20.10	£12.08
11067BL	248 x 165 x 70mm	25	£21.41	£12.30

£31.26 £18.75

£46.09

25 £37.22

£34.40 £20.62



£17.45

£31.75

VITA™ ECOCUSHION PADDED GUSSETS

The Blake VITA" EcoCushion Envelope is the most environmentally friendly padded envelope on the market, the only padded mailer with an expandable gusset.

 Made from quality recycled 140gsm paper, these cushioned pocket envelopes have a 50mm expansion gusset to provide extra capacity and a 'Powerseal' peel and seal strip for a strong closure



Code	Size	Pack	RRP	PRICE
40765BL	C5 (229 x 162 x 50mm)	100	£95.52	£34.12
40772BL	C4 (324 x 229 x 50mm)	100	£131.24	£46.88
40779BL	B4 (350 x 250 x 50mm)	100	£138.08	£49.32
40786BL	E4 (400 x 280 x 50mm)	100	£190.48	£68.03













VITA™ BOARD BACK **ENVELOPES**

Heavy duty board back envelopes available in white and manilla, made using 1000 micron backing board and a heavyweight face paper to ensure protection when posting bendable items.

Code	Size	Type	Colour	Pack	RRP	PRICE
48434BL	241 x 178mm	Plain	Manilla	125	£56.12	£20.05
48406BL	267 x 216mm	Plain	Manilla	125	£60.08	£21.46
48413BL	318 x 267mm	Plain	Manilla	125	£70.88	£25.32
40233BL	C4 324 x 229mm	Plain	Manilla	125	£48.84	£17.45
48420BL	C4 324 x 229mm	Window	Manilla	125	£76.80	£27.43
48441BL	C4 324 x 229mm	Plain	White	125	£78.52	£28.05
48427BL	394 x 318mm	Plain	Manilla	125	£91.56	£32.70
40478BL	C3 450 x 324mm	Plain	Manilla	50	£92.08	£32.89
48448BL	C3+ 444 x 368mm	Plain	Manilla	50	£66.36	£23.70

VITA™ 100% PAPER **DOCUMENT ENCLOSED** WALLETS

This innovational product ensures that every element of your packaging is 100% plastic free.

ı	Code	Size	Pack	RRP	PRICE
ı	65892BL	C6 (162 x 120mm)	1000	£88.88	£31.75
U	65899BL	C5 (228 x 165mm)	1000	£155.64	£55.59











RAPESCO®

worldwide

Germ-Savvy

A new range of Rapesco germ repellent products.

Rapesco has developed a product range to help improve hygiene wherever you are working. The Germ-Savvy* antimicrobial agent is added to the external plastic parts during manufacture and provides protection for the lifetime of the product.

Kills 99% of bacteria
 No price premium
 SGS / ISO approved

The work desk is often the worst affected when tested for bacteria. By adding silver and zinc ions to the plastics, germ cells cannot develop and the germ dies before it can spread.

GERM SAVVY™ 2 HOLE PUNCHES

These black Hole Punches offer tough metal working parts, precision handles, hardened cutter, handle lock down and a metal base with a rubberised confetti tray.

• 15 year guarantee

Code	Type	Pack	RRP	PRICE
30367RA	820	Each	£9.68	£3.99
30381RA	827	Each	£18.90	£5.99
29891RA	835	Each	£32.85	€9.99



GERM SAVVY™ STAPLERS

ECO HD-100 BLACK HEAVY DUTY STAPLER

- Soft feel rubber handle grip for comfort
 Tough metal chassis with ABS top cap
- Top-loading stapler also features a unique paper guide/locking system
- · Staples up to 100 sheets of 80gsm paper
- Takes 24/6-8mm Rapesco staples
- Also takes 923 series staples for higher capacities
- · 25 year guarantee

Code	Туре	Pack	RRP	PRICE
30353RA	ECO HD-100	Each	£48.76	£12.99
30346RA	ECO Luna	Each	£24.25	£8.99

ECO LUNA LESS EFFORT BLACK STAPLER

- Achieve more with less effort thanks to the Rapesco Luna: an executive, heavy duty half strip stapler
- The durable and ergonomic design allows for a smooth stapling experience with 50% less effort
- Features a convenient front-loading system, making for quick and easy re-loads, and comes equipped with a safety brake system for a controlled magazine ejection
- Staples up to 50 sheets of 80gsm paper
- Comes with a pack of 1000 24/8mm staples and 1000 24/6mm staples
- 25 year guarantee



NOTEPAD HOLDERS

The black Germ Savvy" Notepad Holder is made from a strong 700 micron textured polypropylene material with an antibacterial protection so you can take notes and carry loose documents safely wherever you work or study.

- Durable and portable notepad holder with 15mm spine
- Supplied with 3 x A4 FSC[®] Certified refill pads with 160 pages that are pre-punched to fit 2 and 4 hole files
- Compatible with all universal refill and memo pads that are headbound or sidebound and up to 200 pages
- Elasticated closure strap to protect documents
- Internal front cover and rear pocket for storing loose papers

Code	Size	Pack	RRP	PRICE
30395RA	A5	Each	£25.24	£11.10
30388RA	A4	Each	£35.34	£17.16



FOLDOVER CLIPBOARDS

The black Germ Savvy" Clipboard has a practical foldover cover to protect your work and keep it secure, the smooth inner cover provides a perfect writing surface.

- Matt brushed textured outer cover with rounded corners on the edges for added safety
- Made from rigid and strong 1200 micron polypropylene material that can be wiped clean
- Low profile clip and 12mm spine





Fellowes

NEW LX Series[™] **Staplers**

with Microban® Antibacterial Technology

That's Workspace Satisfaction





Microban® antibacterial technology works 24/7 for an added level of hygienic product protection



Durable construction and jam-free design

EasyPress[™]

Effortlessly staples up to 25 sheets with EasyPress



LX850™ EASYPRESS™ STAPLER **FULL-STRIP**

Effortlessly staples up to 25 sheets.

- · Includes detachable staple remover
- · Paper alignment depth guide
- · Ergonomic grip for smooth stapling

Code	Colour	Pack	RRP	PRICE
37664FE	Black	Each	£18.79	£10.23
37671FF	White	Fach	£18.79	£10.23











LX840™ EASYPRESS™ STAPLER HALF-STRIP

Effortlessly staples up to 25 sheets.

- · Includes detachable staple remover · Paper alignment depth guide
- · Ergonomic grip for smooth stapling

Code	Colour	Pack	RRP	PRICE
37650FE	Black	Each	£17.36	€9.44
37657FE	White	Each	£17.36	€9.44











LX820™ CLASSIC DESKTOP STAPLER **FULL-STRIP**

Staples up to 20 sheets.

 Tacking and pinning options for attaching documents to bulletin boards or for temporary stapling

Code	Colour	Pack	RRP	PRICE
37636FE	Black	Each	£12.99	£7.07
37643FE	White	Each	£12.99	£7.07





MICROBAN N JAM







Staple remover tool



Paper alignment depth guide



Soft grip handle

On LX850" and LX840" staplers



PROTECTION! ANTIMICROBIAL DESK ACCESSORIES WITH STERITOUCH®



We all need to be extra careful this winter to stop the spread of germs and viruses, the SteriTouch® range will help keep your workspace and office environment bacteria free.

CONTINENTAL LETTER TRAY

Contemporary antimicrobial Letter Tray can be stacked vertically and accepts A4, foolscap and printouts.

- · Glossy, vibrant letter tray
- Extra-large cut out for easy access to documents
- · Robust tray made from high-impact polystyrene
- For vertical stacking

KADDYMASTER DESKTIDY

Antimicrobial Kaddymaster Desk Tidy, ideal for storing pens, pencils and sundry items featuring 2 tall compartments and 2 shallow compartments.

- 93mm (3 1/4") high, ideal for pen / pencils and sundry items
- Two shallow compartments, smooth internal corners for easy removal of small items
- \cdot Two tall compartments which accept 76 x 76mm (3 x 3") and 76 x 127mm (5 x 3") note pads and also 3 1/2" disks

MAGAZINE FILE

Antimicrobial Magazine File holder manufactured from high impact polystyrene with vertical publication storage for easy viewing.

- Accommodates A4, foolscap, magazines and books
- Strong and durable
- Finger hole for easy retrieval

14 LITRE WASTE BIN

Large 14 litre capacity antimicrobial Waste Bin, manufactured from high impact polystyrene making it hard wearing.

· Easy to clean interior

Code	Туре	Colour	Pack	RRP	PRICE
10338DF	Magazine File	Black	Each	£19.04	£6.95
10331DF	Letter Tray	Black	Each	£15.48	£5.50
10345DF	Desk Tidy	Black	Each	£11.80	£4.29
10324DF	14 Litre Waste Bin	Black	Each	£15.60	£5.65





Novus has been synonymous with quality products and expertise "Made in Germany" for over 65 years. Their Staplers and Hole Punches are distinguished by premium design, material and finishes.



STAPLER B56XL

This stylish, large heavy-duty stapler has an extremely high stapling capacity of up to 170 sheets of 80gsm paper.

- · The spring-mounted magazine permits comfortable, trouble-free stapling without staples jamming
- Anti-blocking system (ABS) for convenient, trouble-free stapling
- · Full-metal device in plastic casing
- Variable throat depth of up to 250mm
- · Press button loading system with double, spring-mounted staple
- Movable anvil for quickly changing between parallel and bypass
- · Takes 23/8 to 23/20 SUPER staples
- · 25 year warranty

Code	Type	Model	Pack	RRP	PRICE
84176PL	Stapler	B56XL	Each	£146.97	£99.99
86349PL	Staples	23 SUPER	1000	£5.57	£4.49



2 HOLE PUNCH B270
An ergonomic, lightweight hole punch with a comfort grip handle that offers the perfect leverage punching of up to 70 sheets of 80gsm paper with effortless

- · Secure paper guide with easily legible format markings
- · Non-slip base that can be opened half-way for emptying and simple closing
- Lightweight, all-metal design that suits all modern workspaces
 Practical lock-down handle for space-saving storage
- · 10 year warranty

Code	Туре	Pack	RRP	PRICE
84183PL	B270	Each	£46.33	£39.99



HOLE PUNCH B2200

The powerful 2-in-1 block perforator for punching two and four holes of up to 200 sheets of 80gsm paper.

- · Automatically centring paper guide for precise hole punching · Sliding adjustment unit for convenient four hole punching
- · A-size locking mechanism for filing flush with binder top or bottom
- · Comfort grip handle for effortless hole-punching with perfect
- · Handle guard for maximum safety
- Non-slip base for firm standing
- Full-metal device in plastic casing
- · 10 year warranty

Code	Type	Pack	RRP	PRICE
86335PL	B2200	Each	£152.76	£109.99

WE HOPE YOU ALL HAVE A DAY FILLED WITH LOTS OF LOVE.





THE FIRST VALENTINE'S DAY **CELEBRATION OCCURRED IN PARIS**

The first known official celebration of Saint Valentine's Day took place in Paris on February 14, 1400, which is when King Charles VI of France established La cour amoureuse, or the High Court of Love. The court, entirely run by women, met to deal with marriage contracts, divorces, infidelity, and domestic violence.

WEARING YOUR HEART ON YOUR SLEEVE IS MORE THAN JUST A PHRASE

In the Middle Ages, young men and women drew names to see who their Valentine would be, and they would wear the name pinned to their sleeve for one week so that everyone would know their supposed true feelings.

CANDY HEARTS WERE **ORIGINALLY MEDICAL LOZENGES**

In 1847, Boston pharmacist Oliver Chase invented a machine that simplified the lozenge production process, resulting in the first candy-making machine. After identifying an opportunity to revolutionise the candy business, Chase shifted his focus to candy production with Necco wafers.



VALENTINE'S DAY IS NOT JUST FOR HUMANS

People really do love their pets, because according to the National Retail Federation in America, 27% of people celebrating Valentine's Day in 2020 said they were also buying gifts for their pets. Spending on Valentine's Day gifts for pets has also grown significantly, going from \$450 million in 2010 to more than \$1.7 billion.

Tombow Get Creative!

ABT DUAL BRUSH PENS

The Tombow ABT Brush Pen features 2 tips, perfect for hand lettering, aquarelle, illustrations, stamping, crafting, drawing, magna and journalling.

- Brush Pens combine properties of pens and brushes and with flexible brush tips, you can write or paint in a dynamic way and it feels like a brush stroke particularly good for hand lettering
- · Paint and write evenly without putting the pen down
- · The fine tip that has a line thickness of approximately 0.8mm used mainly for drawing exact lines; the second tip is a flexible brush tip that has a variable line thickness, depending on the pressure applied, of up to 10mm





- The blender pen has a fine tip for blending precise lines and a wide tip for extensive blending. Both the colourless blender pen and mister work with water
- The blending palette can be used to mix colours together
- · Inside the instructional booklet you will find blending techniques to help you create your masterpiece

Code	Pack	RRP	PRICE
48770TW	Each	£10.11	£6.39



If in doubt, check the company website where there should transparent explanations of supply chains, processes, practices and standards.

Despite your best efforts to make responsible environmentally friendly purchases, can you really know that you are buying an authentic product? Going green sells and many companies have been accused of greenwashing which is misleading marketing or advertising, designed to make products appear more credible than they actually are.

Conscious consumers are generally willing to pay more for eco-friendly products so greenwashing is a lucrative business. If you care what you buy, you need to be able to spot the difference between genuine green marketing and greenwashing:

Check the packaging for ambiguous claims and vague buzzwords like sustainable or ecofriendly that are not backed up by clear evidence or proof.

An environmental claim may well be true but can be irrelevant. For example, CFC-Free is a common example as chlorofluorocarbons were banned worldwide in 1987.

Look out for products that have trusted third-party certifications such as PEFC, FSC, Fair Trade, Rainforest Alliance or the Carbon Trust.

Green visuals do not necessarily make a green product. Nature friendly images can be misleading so check the ingredient list and for own-brand, company designed icons.



HOME OFFICE ECO SET

BiC and Tipp-Ex continue to keep up with the times with this g-piece eco-conscious personal stationery kit to use in the workplace, home office or education environment.

- Set includes: 3 x Medium Point Ballpoint Pens, 1 x black Cristal Original Ballpoint Pen, 1 x blue Clic Stic Ballpoint Pen and 1 x 4 Colours pen with black, blue, red, and green ink (all backed by the NF Environment eco-label)
- You will also get 2 x NF Environment Certified Pencils: 1 x Evolution Black 2.3mm HB Graphite Pencil and 1 x Matic ecolutions 0.7 mm Mechanical Pencil, 1 x black Marking Fine ecolutions 4.2mm Permanent Marker, 1 x Tipp-Ex Easy Refill ecolutions Correction Tape with refill included and 1 x ecolutions Glue Stick 8g
- All these handy essentials are neatly stored in a sturdy reusable cardboard

Code	Pack	RRP	PRICE
78128BC	Each	£19.91	£9.91



s[®] Friendly **CG** luti



VELLEDA 1701 BULLET TIP DRYWIPE MARKERS Large bullet tip drywipe marker with good erasability immediately and after a

- Whiteboard work
 Made from 51% recycled material*
 Assorted pack of 4 contains 1 each of black,
 blue, red and green
 Assorted pack of 48 contains 12 each of black,
 blue, red and green

Code	Colour	Pack	RRP	PRICE
68499BC	Assorted	4	£5.95	£3.71
68471BC	Black	12	£17.63	£10.97
68478BC	Blue	12	£17.63	£10.97
68485BC	Red	12	£17.63	£10.97
68492BC	Green	12	£17.63	£10.97
69157BC	Black	48	£69.64	£40.04
601//3RC	Accortact	48	19 093	E40.04

VELLEDA 1751 CHISEL TIP DRYWIPE MARKERS
The ketone-based ink glides on smoothly and erases just as easily and is low odour to ensure comfort when writing extensively.

- Large chisel tip drywipe marker with a line width from 37mm up to 5.5mm

- Large blocked acrylic tip will not bend or retract under pressure, even with heavy use
- Good erasability immediately and after a few days

- Made from 51% recycled material*
 Assorted pack of 4 contains 1 each of black, blue, red and green

Code	Colour	Pack	RRP	PRICE
68513BC	Assorted	4	£5.95	£3.71
68506BC	Black	12	£17.63	£10.97











MARKING 2000 BULLET TIP PERMANENT **MARKERS**

The ecolutions Marking 2000 Permanent Marker is quick drying and can be left uncapped for up to 1 month without drying out.

- · Conical design fits in the hand for better writing control
- · Visuals on the barrel tell you the different uses of the marker
- · Alcohol-based ink, low odour and quick drying
- · Bullet tip 1.7mm line width
- · Made from 51% recycled material*
- · Assorted pack of 4 contains 1 each of black, blue, red and green

Code	Colour	Pack	RRP	PRICE
68947BC	Assorted	4	£4.48	£2.80
68443BC	Black	12	£13.33	£8.31







ROUND STIC® BALLPOINT PENS

The ecolutions Round Stic® is a high quality, environmentallyfriendly ballpoint pen for everyday use. It has a lightweight barrel, making it easy and comfortable to write with and delivers a reliable writing performance.

- It is made with 77% recycled materials
- · 10 tip, 0.4mm line width

Code	Colour	Pack	RRP	PRICE
68842BC	Black	60	£21.40	£12.71
69066BC	Blue	60	£21.40	£12.71

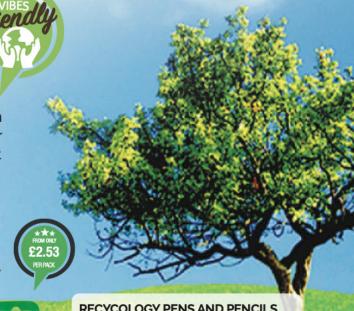


Pentel





Your favourite Pentel pens and pencils are available in smaller pack sizes - perfect for working from home or on the go. And, the good news is that they're also part of our environment-friendly Recycology range, made from a minimum of 50% recycled materials*. Products like EnerGel and the e-Sharp mechanical pencil are refillable, while the long-lasting Ball Pentel writes for over 2,200 metres! They're also supplied in cardboard packaging that can be recycled for a better tomorrow.











1-14/H3T)ABITHA TO



RECYCOLOGY PENS AND PENCILS

EnerGel X Rollerballs - 84% Recycled Materials

- With quick-drying, smooth-flowing ink, it reduces smudging on hands and paper which is good for both right and left-handers 0.7mm tip gives a 0.35mm line width
- Ball Pentel Rollerballs 77% Recycled Materials*
- The original smooth writing rollerball with a distinctive green
- 0.8mm tip gives a 0.4mm line width
- Assorted pack 1 contains: 1 each of black, blue, red and green
- Assorted pack 2 contains: 2 x black and 2 x blue
 e-sharp Mechanical Pencils 72% Recycled Materials
- Featuring long-lasting leads and an integral jumbo era
- Pack of 2 pencils with blue and violet trim and 1 tube of 0.5mm

Code	Туре	Colour	Pack RRP		PRICE
76231PE	EnerGel X	Black	2	£4.11	£2.53
76238PE	EnerGel X	Blue	2	£4.11	£2.53
76245PE	Rollerballs	Assorted 1	4	£9.13	£5.60
76252PE	Rollerballs	Assorted 2	4	£9.13	£5.60
76259PE	Mechanical Pencils	-	2	£4.55	£2.79

Excluding consumable elements.

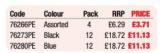
Pentel

Safeguard against the risk of germs and bacteria with the Superb Antibacterial Ballpoint Pen. It is perfect for high traffic areas and environments where people share pens and could potentially spread infection.

SUPERB ANTIBACTERIAL BALLPOINT PENS

The Superb Anti-Bac Ballpoint Pen has been designed to help prevent the spread of germs and reduce the risk of infection.

- These must-have writing essentials are ideal for workplaces, schools, retail, medical environments, hotels, restaurants, bars, Post Offices and any other places where you may share a pen with colleagues, students, customers or visitors
- · Conforms to ISO 22196 standard, the measurement of the antibacterial activity in plastics and other non porous surfaces
- · Features oil-based ink, a slimline barrel and cap with integral nib cleaning insert
- 0.7mm tip gives a 0.35mm line width
- · Assorted pack of 4 contains: 3 x black and 1 x blue









uni-ball





The UB-150 Eye Micro 0.5mm range is available in Plastic Free Packaging!

















UB-150 EYE MICRO LIQUID INK ROLLERBALLS

This pen is so reliable - it won't let you down.

- · One of the world's favourite rollerballs for over 20 years
- Features uni super ink which is fade resistant, water resistant and tamperproof
- · The unique uni-flow system ensures a continuous flow of ink right down to the last drop
- 0.5mm tip gives 0.3mm line width
- Assorted pack contains: 1 each of black, blue and red

Code	Туре	Colour	Pack	RRP	PRICE
12257UB	Box	Black	12	£39.40	£15.16
11131UB	Box	Blue	12	£39.40	£15.16
10109UB	Box	Red	12	£39.40	£15.16
67978UB	Blister Pack	Black	3	£9.40	£3.62
67985UB	Blister Pack	Blue	3	£9.40	£3.62
67992UB	Blister Pack	Assorted	3	£9.40	£3.62
67999UB	Blister Pack	Black	5	£15.36	£5.91
68006UB	Blister Pack	Blue	5	£15.36	£5.91



Millennials will account for 75% of the global workforce by 2025 and according to Deloitte's 2021 Millennial Survey they are determined to hold themselves and others accountable on society's most pressing ethical and sustainability issues.

If your business is looking to recruit the very best talent, you need to be aware that candidates are increasingly considering the ethical stance of companies when making career decisions. The Cone Communications Millennial Employee Study found that 64% of Millennials wouldn't take a job if their employer doesn't have a strong CSR policy and 83% would be more loyal to a company that helps them contribute to social and environmental issues. It would appear that the 'Change Generation' are just as focused on making a difference through work as they are about personal development and ambition,

A study by WeSpire found that Gen-Z is "The first generation to prioritise purpose over salary. They read Mission Statements and Values documents to select where they work and want their employer's values to match their values. They expect consistency and authenticity and will call you out, often

PECONOMY DEBT STAND SHARE SHAR

publicly, if they don't see it. They will leave companies they believe are hiding or putting too much spin on bad news, ignoring their negative environmental or social impacts, or that have toxic workplace cultures."

It is commonplace to see ethical and green marketing in the media that encourage and persuade us to behave in a responsible manner so it follows that employees want the same from their employer. If you search the internet for 'green' or 'ethical' jobs, you will be met with a wealth of recruitment companies who understand the requirements of young talent that want to

make a difference. It must be stated that these aren't just jobs for people looking to work in areas such as renewable energy or preserving natural resources, they expect all employers to have ethical and environmental values.

As an employer it is essential that you engage with the Millennials and Z-Gen and embrace their social and ethical concerns. From health and wellbeing to sustainable practices and equality, your business needs to be authentic, caring, responsible and be looking to the future if you want a productive and high performing workforce in the future.

Sam McKee, founder of recruitment company Ethical Jobseeker comments "The concept of a 'Good job' has changed. Candidates are no longer only driven by the need for personal success and to work for a blue-chip brand. They want to contribute to society and to work for an employer which looks after the people and the planet as well as their bottom line." If you want to stay one step ahead of the competition by hiring the brightest talent, now is the time to champion the positive impact your employees can have.



be reactive, be innovative, be responsible, Begreen.





Green Packs. Recycled pens with 50% free refills!



Refilling your pen is now much easier with the Pilot Green Packs - don't throw away your pens, refill them!

- · The B2P Gel is made using PET plastic the same plastic that goes into drinks bottles
- The smooth-writing gel ink gives a writing experience that glides across the page Tip size 0.7mm, line width 0.35mm
- 11494PT Black 10+10 Refills £39.95 £22.27 11501PT Blue 10+10 Refills £39.95 £22.27



Using a refill when the ink runs out will extend the life of the G-2 and reduce the amount of plastic that would otherwise prematurely go to landfill.

- The smooth gel ink provides a blob-free and vivid writing experience from start to finish
- Cushioned ergonomic grip
- · Tip size 0.7mm, line width 0.35mm

Code	Colour	Pack	RRP	PRICE
11480PT	Black	12+12 Refills	£44.66	£24.84
11487PT	Blue	12+12 Refills	£44.66	£24.84



The Pilot V7 Cartridge System is the world's first refillable liquid ink needle tip rollerball pen.

- Hi-Tecpoint tip for clear, smooth writing and a visible ink level to ensure that you can clearly see when to refill it
- · Smooth skip free writing
- Tip size 0.7mm, line width 0.35mm

Code	Colour	Pack	RRP	PRICE
11508PT	Black	10+30 Refills	£51.15	£26.85
11515PT	Blue	10+30 Refills	£51.15	£26.85



Low odour bullet tip Whiteboard Markers that are perfect for the office and classroom.

- · Refillable so you can do your bit for caring
- for the planet
- Drywipe ink can be easily erased from all types of whiteboard surfaces using a cloth
 • Tip size 6.0mm, line width 2.3mm

Code	Colour	Pack	RRP	PRICE
11522PT	Black	10 + 10 Refil	ls£31.84	£18.30
11529PT	Blue	10 + 10 Refil	Is£31.84	£18,30





edding Whiteboard Markers are simple to refill when they run out of ink meaning you can prolong the lifespan of your markers which is great for the environment and in turn, can save you money.

Whiteboard Markers have 'cap-off' technology meaning the cap can be left off without drying out, even for a few days at a time. The ink can be wiped from virtually all non porous materials such as enamel, glass and melamine. They are lightfast, quick drying and have no added butyl acetate making them perfect for whiteboard use at work or in the classroom.









361 FINE TIP WHITEBOARD MARKERS

The round nib has a stroke width of 1.0mm perfect for precise, accurate detailing.

- Assorted pack of 4 contains 1 each of black, blue, red and green Assorted pack of 8 contains 1 each of black,
- blue, red, green, yellow, orange, brown and

Code	Colour	Pack	RRP	PRICE
40741ED	Black	10	£27.72	£10.67
40762ED	Assorted	4	£11.16	£4.30
40783ED	Assorted	8	£22.04	£8.48







363 CHISEL TIP WHITEBOARD MARKERS

The chisel tip nib writes a line width of 1.0 - 5.0mm for bold, free flowing writing and marking.

 Assorted pack of 4 contains 1 each of black. blue, red and green

Assorted pack of 8 contains 1 each of black, blue, red, green, yellow, orange, brown and violet

Code	Colour	Pack	RRP	PRICE
40734ED	Black	10	£27.72	£10.67
40755ED	Assorted	4	£11.16	£4.30
40776ED	Assorted	8	£22.04	£8.48



BTK 25 WHITEBOARD MARKER INK REFILLS

Ink refills are a convenient and eco-friendly solution to prolong your marker's lifespan.

- · Refill ink with capillary system, ideal for clean and
- straightforward refilling of your whiteboard markers
- Simply stand the marker nib downwards in the refill bottle for at least an hour, or ideally overnight and the marker is ready to write again
- · Size: 25ml

Code	Colour	Pack	RRP	PRICE
75517ED	Black	Each	£12.32	£4.74
75531ED	Blue	Each	£12.32	£4.74
75538ED	Green	Each	£12.32	£4.74
75524ED	Red	Each	£12.30	£4.74



The 2000C Permanent Markers are refillable so you can use them time and time again.

2000C BULLET TIP PERMANENT MARKERS

The reliable, all-in-one solution for the most common business tasks as it works on almost all surfaces including paper, cardboard, metal, plastic and glass.

- Smudge-free, long-lasting and wear resistant ink
- Quick drying and water-proof once dry
- with no toluene and xylene additives 15 - 3mm line width
- · Assorted pack of 4 contains one each of: black, blue, red and green
- Assorted pack of 10 contains one each of: black, blue, red, green, yellow, orange, brown, purple, pink, red and light blue

Code	Colour	Pack	RRP	PRICE
40706ED	Black	10	£40.12	£15.44
40713ED	Assorted	4	£15.92	£6.13
40720ED	Assorted	10	£40.12	£15.44



MTK 25 PERMANENT MARKER INK REFILLS

Code	Colour	Pack	RRP	PRICE
75489ED	Black	Each	£11.04	£4.25
75503ED	Blue	Each	£11.04	£4.25
75510ED	Green	Each	£11.04	£4.25
75496ED	Red	Each	£11.04	£4.25



STABILO®

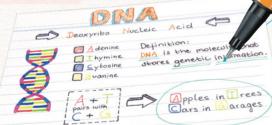
ORGANISE COLOURISE MEMORISE

point 88 FINELINERS

The STABILO point 88 has a metal encased 0.4 mm tip and is perfect for making colourful notes for work or revision, it's also fantastic for detailed art work.

- · Water-based, odourless ink with a high degree of luminosity
- · Vibrant colours, smudge proof ink and long cap off time
- · Assorted A contains 1 each of: green, red, blue, light green, yellow, brown, black, orange, violet, pink
- \bullet Assorted B contains: 4 x black, 3 x blue, 2 x red and 1 x green
- · Assorted C contains 1 each of: night blue, apricot, ultramarine, apple green, green, red, blue, yellow, brown, black, crimson, turquoise, pine green, orange, violet, pink, azure, lilac, dark ochre and dark grey





pointMax NYLON WRITING PENS

Be inspired with the STABILO pointMax to create wonderful mind maps and drawings or to add vibrant colour to your writing.

- Unique, specially developed, robust nylon tip produces bold, crisp lines
- · Hexagonal barrel for extreme comfort and control
- Up to 24 hour cap off time
- · Robust 'M' o.8mm wide nylon tip
- Assorted pack of 12 contains 1 each of: apricot, ultramarine, green, leaf green, yellow, brown, black, carmine, orange, rose and azure, lilac
- · Assorted pack of 24 contains 1 each of: ice blue, ice green, purple, Prussian blue, apricot, ultramarine, light green, green, dark blue, leaf green, yellow, brown, black, carmine, dark red, turquoise blue, orange, violet, rose, azure, lilac, dark ochre, light cold grey and dark grey





Code	Colour	Pack	RRP	PRICE
10612ST	Assorted	12	£23.28	£8.96
10619ST	Assorted	24	£44.88	£17.27



STABILO BOSS ORIGINAL Pastel is the highlighter range with a difference. The soft, fashionable colours gives work a subtle but

- · Wedge tip draws broad lines, highlights and underlines
- · Anti dry-out ink technology stops it drying out even if you leave the cap off for up to 4 hours
- Assorted wallet of 4 contains 1 each of: touch of turquoise, hint of mint, pink blush and lilac haze
- · Assorted wallet of 6 contains 1 each of: colours above plus milky yellow and





Code	Colour	Pack RRP	PRICE
10605ST	Assorted	4 £10.20	£3.93
10549ST	Assorted	6 £14.72	£5.67





We'll whisper it very quietly and it might just happen, it looks like summer holidays are back on in 2022! Nothing beats time away from the workplace, making memories with loved ones. Whether you are longing for an exotic beach, an exquisite meal in warmer climes or exploring the wonders of a foreign city, holidays make us happy.

What doesn't make us happy, is returning from your break to a million emails that will bring you down to earth with a huge holiday bump. Here's our handy tips for staying on top of your inbox so you can make the most of your break.

Before You Go

Preparation is key to staying on top of your inbox.

- Send an internal email to your colleagues to tell them the dates you will be away and who will be dealing with your work in your absence.
- · Set up forwarding your emails to the person(s) covering your work so they can deal with any requests promptly.
- · If there is any urgent work that can't be done whilst you are out of the office, ask colleagues to mark the email as a priority and with a subject title that grabs your attention. For example: URGENT ACTION REQUIRED, PLEASE CONTACT ME ON RETURN FROM YOUR HOLIDAY. This will help you identify the most important emails when you are back at your
- Put on a detailed Out of Office with whom clients and colleagues can contact whilst you are away. Make sure you give the dates you are away and the telephone and email of whom is deputising for you. We would suggest adding an extra day to your departure and return dates so you have time to deal with last minute panics and settle back in without too much pressure.
- Don't forget to update your work phone voicemail too otherwise your mobile will be ringing off the

Whilst On Holiday

Switch off and enjoy yourself, you've worked hard and deserve this holiday. Most importantly refrain from checking your emails.

When You Are Back

Don't let your inbox get you down, it's time to get organised.

- · Search for URGENT ACTION REQUIRED emails so that you can
- Read the most recent emails first as it is likely that the person(s) dealing with your emails will have dealt with your
- Categorise your emails into priority order, creating folders such as urgent, to be dealt with this week, actioned, to be read at a later date and delete/file any that are not necessary.
- Once you have scanned through your inbox, catch up with the person(s) who was covering your work whilst you were away. Ask them for a summary so you have a plan of action to work
- Don't forget to check your junk in case any emails have
- Lastly, don't be crushed by your large inbox stick to the plan and deal with emails over time to keep that post holiday glow.

ZEBRA

Z-Grip

Go with the Flow. Where simple style meets high performance.

Z-GRIP RETRACTABLE BALLPOINT PENS

Get the job done right every time with this reliable, smooth-flowing pen - it's the everyday value pen that you'll reach for time and time again.

- · You won't sacrifice comfort, thanks to a rubber grip and metal clip that adds comfort and convenience
- · Easy-glide ink
- · Clear barrel for ink-supply monitoring
- · Comfort ridged grip
- Metal clip for durability
- 1.0mm point size, line with 0.6mm



Code	Colour	Pack	RRP	PRICE
36443ZB	Black	12	£7.91	£5.30
36450ZB	Blue	12	£7.91	£5.30
36457ZB	Red	12	£7.91	£5.30
36464ZB	Green	12	£7.91	£5.30
36471ZB	Violet	12	£7.91	£5.30







Z-GRIP SMOOTH BALLPOINT PENS

The Z-Grip Smooth is a classic smooth retractable ballpoint with a comfort grip, the super smooth low viscosity ink provides a unique sleek writing experience.

- · The perfect companion for everyday writing
- · Medium tip 1.0mm, line width 0.7mm

Code	Colour	Pack	RRP	PRICE
36814ZB	Black	5	£3.92	£2.71
36695ZB	Black	12	£9.39	£6.51
36716ZB	Pink	12	£9.39	£6.51
78415SP	Green	12	£9.39	£6.51
36870ZB	Assorted	5	£3.92	£2.71
Rose Gold	Barrel - Bla	ck lnk		
37171ZB	Black	12	£13.18	£9.99



A bold and sturdy chic retractable pen that combines the dry time of a retractable ballpoint pen with the smoothness of a gel pen for effortless writing.

- · The Z-Grip flight ballpoint retractable pen delivers on style, performance and value
- Superior ink performance delivers a silky writing experience · Metal clip for secure clasp
- Comfort grip
- · 12mm tip size for bold expression

Code	Colour	Pack	RRP	PRICE
36478ZB	Black	12	£16.56	£11.44
36485ZB	Blue	12	£16.56	£11.44





Post-it® Super Sticky Notes **New Colours!**

2x sticking power* to hold stronger and last longer.

- Super sticky adhesive
- · Holds stronger and lasts longer: 2 x sticking power
- Stick securely, remove cleanly
- · Perfect to use on vertical surfaces
- Notes made with Renewable Resources adhesive
- · 60% made with plant that replenishes annually
- · Paper sourced from certified, renewable and responsibly managed forests

compared to Post-it® Original Notes



COSMIC COLLECTION SUPER STICKY **COLOUR NOTES**

The new Cosmic Collection is the perfect harmony of colours to make your notes and reminders stand out. · 90 sheets per pad

Code	Size	Pack	RRP	PRICE
38557MM	76 x 76mm	6	£25.68	£9.88
38564MM	76 x 127mm	6	£34.32	£13.20
38571MM	102 x 152mm	3	£30.76	£11.83





CARNIVAL COLLECTION SUPER STICKY COLOUR NOTES

With the new Carnival Collection you can add vibrant colours to your home or office note taking · 90 sheets per pad

Code	Size	Pack	RRP	PRICE
38249MM	76 x 76mm	6	£24.00	£9.23
38291MM	76 x 127mm	6	£32.76	£12.60











RECYCLED NOTES

£64.84 **£24.9**4 38802MM 76 x 127mm £87.72 £33.74















MAGIC PADS

Magic Pads have 4 eye-catching colours in one pad and the patented design means you can select the colour you want without breaking the pad.

Convenient for colour coding your notes and messages



ĺ	Code	Colour	Size	Pack	RRP	PRICE
	42242HP	Neon Plain	76 x 76mm	12	£16.88	£7.03
	42249HP	Neon Plain	76 x 127mm	12	£25.64	£10.68



Neon Assorted

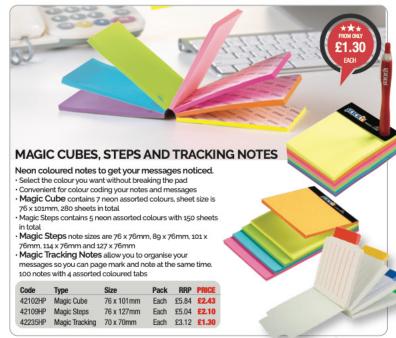
12 x 45mm

12 x 45mm

£4.20











Nothing is more welcome than notebooks with a new design from Pukka Pads! We are excited to launch two eye-catching new ranges for 2022 that will add style and sophistication to your note taking.





COM COLLECTION

Get your glow on with the beautiful new range of holographic floral stationery.

PROJECT BOOKS

The Bloom Project Books are the perfect place to organise all your notes. Each individual notebook has 4 brightly patterned dividers that are repositionable, gone are the days of mixing up your different subjects and projects.

- The B5 size is perfect for keeping in your bag and the elastic closure keeps all of your documents secure
- · Holographic foiled cover
- · Hardback cover with 200 pages of 80gsm ivory paper
- · Iridescent twin-wire binding
- · Elasticated closure
- Micro-perforated pages
- FSC® Certified paper
- · Assorted pack of 3 floral patterns



JOTTA NOTEBOOKS A4+
The possibilities for the Bloom Jotta Notebooks are endless, whether it's for back to school, university, working from home or in the office or just a space for your ideas, they are the perfect addition to your stationery collection.

- Holographic foiled cover
- Micro-perforated pages tear out to true A4 size
- · 4 hole-punched pages with margin
- 160 pages of 80gsm paper
- Smooth rounded edges FSC® Certified paper
- · Assorted pack of 3 floral patterns

Code	Colour	Pack	RRP	PRICE
13962PK	Assorted	3	£39.00	£13.99





KRAFT COLLECTION

The Kraft range contains products of a classic design, created with high-quality materials that keep the environment in mind.

JOTTA NOTEPADS
The Kraft Jotta Notepads are perfect for on-the-go note-taking, ideal for the classroom, meetings and projects.

200 pages of premium FSC Certified® 80gsm paper

Silver twin wire so pages lay flat

Code	Size	Pack	RRP	PRICE
13990PK	A5	3	£17.32	£6.20
13976PK	A4	3	£32.12	£11.45

PROJECT BOOKS

t organised with these Kraft Project Books that have 5 dividers for filing.
to pages of premium FSC Certified® 80gsm paper
ticro-perforated for easy removal
wer twin wire so pages lay flat

Code	Size	Pack	RRP	PRICE
13983PK	A4	3	£38.24	£18.75

REFILL PADS

e sure you never miss a note these Kraft Refill Pads. k tape side bound

Code	Size	Pack	RRP	PRICE
13997PK	A4	5	£28.03	£13.65







Pukka Pad







Environmentally Friendly Notebooks

Silvine is a local British brand, manufacturing premium eco-friendly notebooks in the rolling green hills of the Yorkshire Dales countryside. With this new range of notebooks you can be reassured you are putting the environment first.







Featuring premium paper certified by The Forest Stewardship Council®. The FSC® ensure the care of forests, people and wildlife so you can keep your life full of forest products while keeping our forests full of life!

- Durable hardback casebound cove
- · 160 lined pages
- Premium 80gsm white FSC® Certified paper
- · Printed using eco inks
- Paper from elemental Chlorine free pulp (ECF)
- · British Made

Code	Size	Pack	RRP	PRICE
95421SC	A4	Fach	£7.24	£4.75

A4 PREMIUM CARBON ZERO CASEBOUND NOTEBOOKS

Emissions from the manufacture and transportation of the paper within, have been calculated and balanced. For every tree harvested, at least two more are planted. making it truly sustainable and climate friendly paper.

- Durable hardback casebound cover
- 120 lined pages
- · Premium 80gsm white carbon zero paper
- · Printed using eco inks
- Paper from totally Chlorine free pulp (TCF)
- · FSC® Certified · British Made

Code	Size	Pack	RRP	PRICE
95428SC	A4	Each	£7.24	£4.75

A4 PREMIUM RECYCLED CASEBOUND NOTEBOOKS

These Recycled Casebound Notebooks are made from 100% recycled materials with an eye-catching durable hardback casebound cover for long-lasting, caring note taking.

- Durable hardback casebound cover
- 120 lined pages
- Premium 80gsm white 100% recycled paper

· No nasty chemicals - Process Chlorine Free (PCF)

- Printed using eco inks
- · FSC® Certified British Made

Code	Size	Pack	RRP	PRICE
95414SC	Δ4	Fach	£7.24	£4.75



A4 YELLOW TWIN WIRE PRESSBOARD NOTEBOOKS

The fashionable and stylish Luxpad Yellow Notebooks feature high quality yellow tinted lined paper that will be adored by every stationery addict.

- Durable yellow pressboard front and back covers
- Removable sales sheet
- · 120 lined pages
- Premium 8ogsm yellow FSC® Certified paper Perforated for easy removal of the pages

95435SC £29.96 £17.95





Workplace Wellbeing - Reborn

2022 is all about you and your wellbeing, take note employers. In June 2021, the first psychological health and safety standard was published:

ISO 45003 Occupational health and safety management – Psychological health and safety at work – Guidelines for managing psychosocial risks

ISO 45003 is a history making standard as it provides guidance for employers and businesses on how best to look after employee mental health and the factors that put it at risk at work. In a nutshell, it is a major shake-up of how we understand health and safety and how we keep employees safe at work including their mental health.

In 2018/19, the Health and Safety Executive (HSE) reported that the cost of British workplace injuries to businesses was

£5.6 billion. The UK's annual bill for poor mental health at work: £45 billion.* Whilst poor health and safety is a costly business, it is also hugely damaging to a company's reputation.

For the first time, ISO 45003 provides a formal framework for how to manage, and protect mental wellbeing at work by plugging the gap in current workplace safety guidance, via the long-overdue introduction of psychosocial hazards. Heather Bolton, Head of Psychology at Unmind says these hazards "are things that might impact employees' psychological response to their work and workplace conditions. Examples include excessive workloads, tight deadlines, conflicting demands or a lack of control over ways of working. Just like physical risk factors, the accumulation of psychosocial risks can lead to poor health outcomes like stress, burnout or depression."

WHAT DOES ISO 45003 COVER EXACTLY?

The ISO 45003 standard provides information on identifying any potential risks to the psychological health and wellbeing of employees. It details how to perform psychosocial risk assessments in the workplace and advises what measures may be necessary to control these risks.

THREE MAIN CATEGORIES

The guidelines cover areas that pose a potential risk to workers' mental health. These areas fall under three main categories:

- · How workloads are organised
- · Social factors in the workplace
- · The work environment

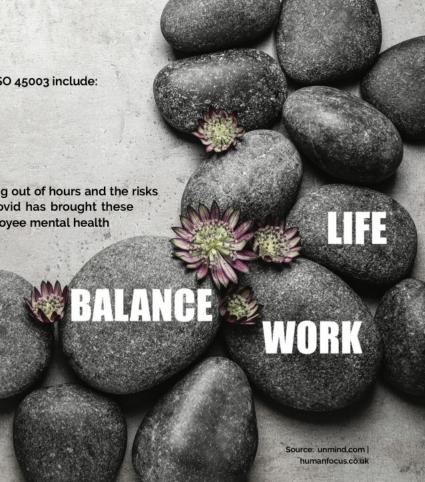
The Risks Covered

The psychological health and safety risks covered by ISO 45003 include:

- Burnout
- · Overwork
- Lack of support
- · Feeling unfulfilled at work
- Discrimination

ISO 45003 also addresses risks associated with working out of hours and the risks posed by remote working. The ongoing impact of Covid has brought these particular issues and the widespread concern of employee mental health to the forefront."

Unfortunately ISO 45003 isn't legally binding but smart companies will comply and proudly show off the certification to employees, customers and investors. The value of a happy, healthy and caring business should not be underestimated. A working environment that focuses on good psychological health and safety makes employees feel appreciated and valued. It should improve absenteeism, employee relationships and promote a better work/life balance. You can download a copy of ISO 45033 at www.iso.org/standard/64283.html





by Wallace Cameron International



The Health and Safety Executive recommends: Employers are responsible for meeting the first-aid needs of their employees working away from the main site. The assessment of first-aid needs should determine whether:

• Those who travel long distances or are continuously mobile should carry a personal first-aid box.

Introducing...

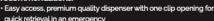
The new Adulto range

The innovative design team at Astroplast have updated the Adulto First Aid Kit, the signature V2X First Aid Kit that is HSE compliant.



ADULTO V2X PREMIER FIRST AID KITS

The new and improved Adulto V2X First Aid Kit has been designed with you in mind. This innovative, award winning dispenser has contents that exceed HSE recommendations.



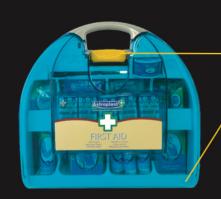
- quick retrieval in an emergency Compartmentalised interior making it easier to see what
- Includes a handy accident book and pen as well as pilferproof plasters that are dispensed from the door
- The unit has an integral wall mounting bracket to allow easy access as well as a plastic carry handle to provide great portability
- · Comes complete with user guide

Code	Size	Pack	RRP	PRICE
11439WC	10 Person	Each	£93.68	£34.99
11446WC	20 Person	Each	£123.48	£44.99
11453WC	50 Person	Each	£143.88	£49.99



CONTENTS	10	20	50
Guidance Leaflet	1	1	1
Plasters	10	40	60
Pilferproof Plasters	50	50	50
Eye Pads	2	4	6
Triangular Bandages	4	6	8
Safety Pins	12	12	12
Medium Dressings	6	9	12
Large Dressings	2	3	4
Gloves (Pairs)	4	4	6
Wipes	10	10	20
Accident Book	1	1	1
Roll of Tape	1	1	1
Scissors	1	1	1
Resusciade	1	1	1
Aprons	2	2	2

ADULTO



Secure 'press to open' clasp

Box stands freely when not attached to the wall



visually clear inserts



WINTER DRIVING KIT

The Astroplast Winter Driving Kit is ideal to keep in the boot of your car during the winter months so you are prepared for freezing, icy and difficult driving conditions.

- · The Mezzo Winter Driving Kit contains essential items to ensure you are warm and safe in case of an accident or breakdown in adverse conditions
- · The kit comes in a premium durable plastic box that can be carried in a car, van or lorry

Code	Pack	RRP	PRICE
12013WC	Each	£40.20	£14.99



Ideal for employees who travel away from the main workplace.



CONTENTS	
Nitrile Disposable Glove (Pair)	4
Ice Scraper	- 1
Screen Wash	- 1
De-Icer	- 1
Foil Blanket	- 1
De-Mister Pad	- 1
Wind Up Torch	- 1
Contents List	- 1
Guidance Leaflet	- 1



space saving bracket

Contents can be added to your existing first aid kit.

BS 8599-1:2019 CRITICAL INJURY PACK

The Astroplast Critical Injury Pack is contained in a water-resistant, tear open foil pack to allow easy access in situations that require rapid response.

- The tourniquet is a constricting device used to control arterial and venous blood flow to a portion of an extremity for a period of time
- The haemostatic dressing is a highly absorbent wound dressing. The dressing's atraumatic properties mean that it doesn't adhere to newly formed tissue, minimising discomfort upon removal and reducing the risk of injury to the recovering wound
- · Contains Tuff Cut Scissors which can cut through several layers of fabric at once. Designed to reduce the risk of injury when cutting bandages and clothing away
- Also contains a thermal foil blanket, ideal for retaining body heat in cold conditions and in the treatment of injury and shock



plaster mechanism



Code	Pack	RRP	PRICE
12006WC	Each	£140.00	£48.99



Less mess, no stress, it's magic!

Scotch® Magic™ Tape is the original matte-finish, invisible tape. The must-have tape for smartly sealing mailings, packages and parcels.

SCOTCH® MAGIC™ TAPE

Magic Tape dispenses smoothly and effortlessly by hand.

- · Ideal for mending documents, sealing envelopes or temporary labels
- · Can be written or typed on
- · Virtually invisible on white paper so application is not seen
- Size: 19mm x 33m



Code	Туре	Pack	RRP	PRICE
32911TT	Tape	Each	£7.36	£2.88
32897TT	Tape	12+2	£72.64	£28.38
38361MM	Tower Pack	7+1	£43.56	£17.02
38186MM	Tape + FREE Dispenser	12	£87.20	£34.06









SCOTCH® PERMANENT GLUE STICKS

Scotch® Glue Sticks are strong, fast bonding, and no mess

- The essential glue stick for office and home applications
- For light duty permanent bonding
- · Solvent-free and water based adhesive · Cleans off hands and household surfaces with soap and water

Code	Size	Pack	RRP	PRICE
38781MM	8g	2	£3.48	£1.36
38774MM	8g	5	£8.20	£3.20
38788MM	21g	2	£8.48	£3.31
2070EMM	210	5	£16 90	20.00









MIGHTY STICKING POWER

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